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Bei Interesse an vereinsinternen oder sonstigen Auswertungen könnten diese Listen auch im Exel-Format zur Verfügung gestellt werden.

Dazu bitte eine Mailanfrage an:

rene.croissier@quickbo-run.de

Mit freundlichen Grüßen

René Croissier

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1		Goerke, Nils	73	Triabolos Hamburg	00:17:23	1	00:50:15	1	01:07:38	1	00:36:34	1	01:44:13	M AK 4	1
2		Bartsch, Thomas	73	TT Braunschweig	00:17:43	2	00:54:20	6	01:12:03	3	00:38:30	2	01:50:33	M AK 4	132
3	S	Schröter, Stefan		SG Wasserratten Norderstedt 1	00:17:54	3	00:53:23	3	01:11:17	2	00:39:40	8	01:50:57	Staffel-M	421
4	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	5	00:54:05	4	01:12:04	5	00:39:36	7	01:51:41	M AK 3	41
5		Herber, Philipp	89	TS Harburg Team Bergamont	00:17:55	4	00:54:08	5	01:12:03	4	00:41:26	13	01:53:30	M AK 1	145
6	S	Hundertmark, Michael		Triathlon Team HSU Uni BW Hamburg	00:19:10	18	00:55:08	12	01:14:18	10	00:39:34	5	01:53:52	Staffel-M	426
7	M	schmitz, ralph	67	Kaifu Tri Team	00:18:59	16	00:53:07	2	01:12:06	6	00:42:19	19	01:54:25	M Sen1	87
8	M	Fiedler, Thilo	83	Tri Michels Hamburg	00:18:17	7	00:54:51	10	01:13:08	7	00:41:25	12	01:54:33	M AK 2	191
9		Wiebe, Nicholas	75	PSV Eutin	00:18:56	15	00:57:30	32	01:16:26	21	00:38:30	3	01:54:56	M AK 3	264
10	M	radke, dirk	68	Kaifu Tri Team	00:18:43	11	00:57:41	35	01:16:24	20	00:38:49	4	01:55:13	M Sen1	170
11		Gehrke, Stefan	72	Vfl Oldesloe Tri	00:19:33	20	00:55:16	13	01:14:49	11	00:40:24	10	01:55:14	M AK 4	154
12	M	tychsen, frederik	75	Tri Michels Hamburg	00:18:42	10	00:54:41	8	01:13:23	8	00:42:36	21	01:55:59	M AK 3	46
13	M	Glück, Christian	81	TT HSU Hamburg	00:18:44	12	00:57:24	31	01:16:08	18	00:40:18	9	01:56:27	M AK 2	15
14	M	Schuster, Jens	70	Kaifu Tri Team	00:18:16	6	00:56:01	18	01:14:17	9	00:42:25	20	01:56:43	M AK 4	86
15	M	Hoffmann, Lennart	81	Kaifu Tri Team	00:18:17	8	00:57:47	36	01:16:04	15	00:41:38	14	01:57:42	M AK 2	22
16	M	Jahn, Christian	76	Tri Michels Hamburg	00:18:19	9	00:57:48	37	01:16:07	17	00:41:47	15	01:57:55	M AK 3	171
17	M	Raassis, Marc-Alex	71	Triabolos Hamburg e.V.	00:20:36	35	00:54:28	7	01:15:04	13	00:42:59	24	01:58:03	M AK 4	49
18	M	Oettinger, Christian	67	Triabolos Hamburg e.V.	00:20:12	26	00:54:44	9	01:14:56	12	00:43:22	26	01:58:19	M Sen1	220
19	M	Jacobsen, Thilo	73	Tri Michels Hamburg	00:19:40	21	00:56:24	20	01:16:04	14	00:42:45	22	01:58:49	M AK 4	193
20	B	Polster, Malte	76	BSG TÜV NORD	00:19:09	17	01:00:26	67	01:19:35	40	00:39:35	6	01:59:11	M AK 3	36
21	M	Pape, Stephan	74	Triabolos Hamburg e.V.	00:19:41	22	00:56:28	21	01:16:09	19	00:43:23	27	01:59:33	M AK 4	142
22	M	Hüppe, Stefan	69	TS Harburg Team Bergamont	00:18:47	13	00:59:07	48	01:17:54	30	00:42:05	18	02:00:00	M Sen1	153
23	M	Patraschewski, Thomas	79	Kaifu Tri Team	00:19:22	19	00:56:42	24	01:16:04	16	00:45:03	42	02:01:08	M AK 3	200
24	M	Menze, Kolja	73	Tri Michels Hamburg	00:20:16	28	00:56:59	27	01:17:15	23	00:44:01	32	02:01:17	M AK 4	260
25	M	Houtrouw, Enno	77	Tri Michels Hamburg	00:20:25	31	00:57:10	30	01:17:35	26	00:43:46	30	02:01:21	M AK 3	144
26	M	Schlüter, Bernd	63	Triabolos Hamburg e.V.	00:20:20	29	00:57:53	39	01:18:13	33	00:43:20	25	02:01:34	M Sen2	55
27		Hansen, Thomas	57	TuS Germania Schnelsen	00:19:46	23	01:00:10	62	01:19:56	42	00:41:48	16	02:01:44	M Sen3	249
28	M	Reisch, Christian	72	Triabolos Hamburg e.V.	00:20:41	37	00:57:01	28	01:17:42	29	00:44:07	36	02:01:49	M AK 4	69
29	M	Bück, Christian	81	TS Harburg Team Bergamont	00:20:53	43	00:56:45	25	01:17:38	27	00:45:09	44	02:02:47	M AK 2	233
30		Niedieck, Olav	69	SG Wasserratten Norderstedt	00:21:59	75	00:55:00	11	01:16:59	22	00:45:49	54	02:02:48	M Sen1	76
31		Bruhn, Marc	75	SG Wasserratten Norderstedt	00:20:30	33	00:57:34	33	01:18:04	32	00:45:22	47	02:03:26	M AK 3	136
32		Klewer, Michael	77	Tri Fun Güstrow	00:21:50	69	00:57:38	34	01:19:28	39	00:44:03	33	02:03:32	M AK 3	133
33	M	Klindworth, Jan-Hinrich	88	TuS Finkenwerder	00:20:09	25	00:59:07	47	01:19:16	37	00:44:39	39	02:03:56	M AK 1	48
34		Kairies, Matthias Christopl	72	TRI EMTV Elmshorn	00:21:56	72	00:56:01	17	01:17:57	31	00:46:10	56	02:04:07	M AK 4	20
35		korba, wojtek	72	TS Harburg	00:20:29	32	00:59:13	50	01:19:42	41	00:44:26	38	02:04:08	M AK 4	118

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
36	M	Zaher, Nicholas	73	Kaifu Tri Team	00:21:25	56	00:56:09	19	01:17:34	24	00:47:01	67	02:04:35	M AK 4	172
37		Höper, Detlef	66	Radteam Bargstedt Harsefeld	00:21:22	55	00:59:31	53	01:20:53	48	00:43:44	29	02:04:38	M Sen1	42
38	M	Klingemann, Werner	59	Triabolos Hamburg e.V.	00:20:13	27	01:00:37	68	01:20:50	47	00:43:50	31	02:04:40	M Sen3	98
39		Wichmann, Oliver	81	BSG Kurt Gaden	00:18:51	14	01:05:39	146	01:24:30	89	00:40:35	11	02:05:05	M AK 2	52
40	M	Thom, Marcus	69	TS Harburg Team Bergamont	00:20:56	45	00:59:45	55	01:20:41	46	00:44:45	41	02:05:26	M Sen1	138
41	M	Dohse, Michael	78	Triabolos Hamburg e.V.	00:22:01	78	00:56:39	23	01:18:40	34	00:47:12	73	02:05:52	M AK 3	18
42		Brüggmann, Frank	66	Triabolos Hamburg e.V.	00:20:49	41	01:00:38	69	01:21:27	52	00:44:43	40	02:06:10	M Sen1	58
43		Brell, Michael	65	SG Wasserratten Norderstedt	00:22:00	76	00:55:40	14	01:17:40	28	00:48:41	93	02:06:21	M Sen1	148
44		Lierow, Wolfgang	70	BSG OTTO	00:20:37	36	01:00:18	65	01:20:55	49	00:45:29	48	02:06:24	M AK 4	253
45	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	42	01:01:40	90	01:22:31	64	00:44:04	34	02:06:35	W AK 2	159
46		Schenk, Lutz	78	Triabolos Hamburg e.V.	00:21:33	62	01:00:04	60	01:21:37	54	00:45:08	43	02:06:46	M AK 3	176
47	M	Horn, Christian	78	Triabolos Hamburg e.V.	00:20:53	44	01:00:39	70	01:21:32	53	00:45:14	46	02:06:46	M AK 3	9
48		Ruth, Lothar	73	TS Harburg Team Bergamont	00:20:45	39	01:02:13	96	01:22:58	70	00:44:06	35	02:07:05	M AK 4	26
49	B	Milewski, Marek	67	BSG SG Stern Hamburg	00:22:30	91	00:56:31	22	01:19:01	35	00:48:25	86	02:07:26	M Sen1	238
50		Kaland, Bernd	56	Appen	00:21:02	46	01:00:54	79	01:21:56	58	00:46:00	55	02:07:56	M Sen3	13
51	M	vom Hofe, Björn	79	Tri Michels Hamburg	00:21:28	58	00:59:56	58	01:21:24	50	00:46:43	65	02:08:07	M AK 3	30
52		Gerlach, Stephan	72	Tri Michels Hamburg	00:20:43	38	01:03:05	106	01:23:48	83	00:44:20	37	02:08:09	M AK 4	244
53	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	47	00:58:07	41	01:19:12	36	00:49:02	96	02:08:15	W Sen1	53
54		Biemann, Matthias	71	SG Wasserratten Norderstedt	00:21:53	71	01:00:16	64	01:22:09	62	00:46:14	59	02:08:24	M AK 4	137
55		Hinterberg, Dominik	65	Triabolos Hamburg e.V.	00:22:20	85	00:57:49	38	01:20:09	45	00:48:18	83	02:08:28	M Sen1	82
56	M	Friedrichs, Hendrik	77	Tri Michels Hamburg	00:21:47	67	00:55:48	15	01:17:35	25	00:51:07	132	02:08:42	M AK 3	175
57		Hümmecke, Manfred	53	Tus Holtenau	00:20:35	34	01:03:08	107	01:23:43	81	00:45:12	45	02:08:56	M Sen4	51
58	M	Klug, Tim	83	Kaifu Tri Team	00:21:25	57	00:57:54	40	01:19:19	38	00:49:48	110	02:09:08	M AK 2	68
59	M	Koziol, Rüdiger	65	Triabolos Hamburg e.V.	00:23:11	122	00:58:30	42	01:21:41	55	00:47:27	76	02:09:09	M Sen1	74
60		Depre, Rainer	65	Kaifu Tri Team	00:22:39	99	00:59:08	49	01:21:47	56	00:47:23	75	02:09:10	M Sen1	109
61		Hentzien, René	69	Hamburg	00:21:06	48	01:02:29	99	01:23:35	78	00:45:47	51	02:09:23	M Sen1	100
62	B	Hering, Christian	78	BSG TÜV NORD	00:23:12	123	00:56:56	26	01:20:08	44	00:49:33	105	02:09:41	M AK 3	28
63	M	Prätsch Dr., Ulrich	47	TSG Bergedorf	00:22:56	108	00:57:02	29	01:19:58	43	00:50:09	121	02:10:07	M Sen5	250
64		Bergau, Lars	78	HOCHBAHN	00:22:57	109	01:00:44	74	01:23:41	79	00:46:27	62	02:10:08	M AK 3	169
65	M	Roeger, Frank	68	Kaifu Tri Team	00:21:43	66	01:02:41	103	01:24:24	88	00:45:48	52	02:10:13	M Sen1	151
66		Beerbaum, Sonja	72	Trisport Schwerin	00:21:16	52	01:03:23	109	01:24:39	93	00:45:39	50	02:10:19	W AK 4	44
67		Kaminski, Thorsten	70	Triabolos Hamburg e.V.	00:21:29	59	01:01:45	91	01:23:14	74	00:47:05	69	02:10:19	M AK 4	60
68	M	Wagner, Steve	81	Triabolos Hamburg e.V.	00:23:05	115	01:00:10	61	01:23:15	75	00:47:04	68	02:10:20	M AK 2	88
69		Grünefeldt, Michael	73	Pinneberg	00:22:02	79	01:01:09	81	01:23:11	72	00:47:16	74	02:10:27	M AK 4	38
70		Burrichter, Niels	65	Kiebitzreihe	00:22:03	80	01:03:03	105	01:25:06	100	00:45:38	49	02:10:45	M Sen1	256

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
71	S	Palaz, Norbert		BSG OTTO 2	00:21:08	50	01:03:50	116	01:24:58	98	00:45:48	53	02:10:47	Staffel-M	408
72	M	Pohl, Bernd	62	Werk 3 Triathlon Hamburg	00:21:31	61	01:03:00	104	01:24:31	90	00:46:20	60	02:10:52	M Sen2	209
73	S	Sass, Hans-Hermann		TuS Hemdingen-Bilsen	00:22:23	87	01:00:47	76	01:23:10	71	00:47:44	78	02:10:55	Staffel-M	428
74	M	Heller, Hauke	89	Triabolos Hamburg e.V.	00:21:20	54	01:03:24	110	01:24:44	95	00:46:13	58	02:10:58	M AK 1	120
75	M	Pille, Bernd	63	TS Harburg Team Bergamont	00:21:58	74	01:01:52	93	01:23:50	84	00:47:10	71	02:11:00	M Sen2	105
76		Angermann, Marco	76	Hamburg	00:23:51	136	01:00:42	72	01:24:33	92	00:46:27	61	02:11:01	M AK 3	95
77		Hildebrandt, Dirk	63	TUS Harsefeld	00:22:28	89	01:00:01	59	01:22:29	63	00:48:41	92	02:11:11	M Sen2	66
78	M	Seemann, Gunar	77	TuS Holstein Quickborn	00:21:42	65	01:01:08	80	01:22:50	68	00:48:23	85	02:11:13	M AK 3	125
79	B	Manke, Dirk	71	BSG Philips LG	00:22:22	86	01:00:19	66	01:22:41	66	00:48:34	89	02:11:15	M AK 4	146
80		Priester, Tilman	58	SG Wasserratten Norderstedt	00:22:00	77	00:59:26	51	01:21:26	51	00:49:59	115	02:11:25	M Sen3	150
81		Böttger, Martin	71	AIRBUS SG	00:22:37	97	01:00:50	77	01:23:27	77	00:48:21	84	02:11:48	M AK 4	187
82		von Borstel, Dirk	64	Hamburg	00:23:05	117	00:58:57	44	01:22:02	60	00:50:17	122	02:12:19	M AK 3	202
83	S	Roberts, Gregor		Die Traumtänzer	00:22:31	92	01:00:41	71	01:23:12	73	00:49:08	99	02:12:20	Staffel-M	413
84	M	Heins, Christian	61	BSG Radsport Zentrum Hamburg	00:23:01	112	00:59:00	46	01:22:01	59	00:50:37	127	02:12:38	M Sen2	6
85	M	Ihns, Thomas	62	Tri Michels Hamburg	00:21:57	73	01:00:42	73	01:22:39	65	00:50:03	117	02:12:42	M Sen2	140
86	M	Helbig, Leana	81	Triabolos Hamburg e.V.	00:21:17	53	01:04:49	134	01:26:06	105	00:46:37	64	02:12:43	W AK 2	102
87	M	Dahms, Andreas	80	Team Triathlon Hamburggrer Hochschulen	00:23:57	143	00:58:59	45	01:22:56	69	00:49:51	112	02:12:48	M AK 2	254
88	S	Beckmann, Jörg		Beckmann&Co.	00:20:07	24	01:09:55	184	01:30:02	145	00:42:46	23	02:12:48	Staffel-M	418
89	M	Graubner, Rolf	55	Team Triathlon Hamburger Hochschulen	00:22:55	107	01:00:51	78	01:23:46	82	00:49:14	100	02:13:01	M Sen3	107
90	S	Koch, Andreas		BSG OTTO Malle-Express	00:23:52	137	00:58:55	43	01:22:47	67	00:50:21	123	02:13:08	Staffel-M	410
91	M	Habekost, Martin	65	HT 16 Triathlon Team	00:21:30	60	01:04:45	133	01:26:15	108	00:46:54	66	02:13:10	M Sen1	71
92		axmann, heiko	60	rosengarten	00:23:10	120	01:00:16	63	01:23:26	76	00:49:49	111	02:13:15	M Sen2	31
93		Fröhling, Thomas	68	Hamburg	00:22:48	100	01:01:12	83	01:24:00	85	00:49:18	102	02:13:18	M Sen1	56
94	M	Steinkühler, Thomas	57	TuS Holstein Quickborn	00:22:29	90	01:01:13	84	01:23:42	80	00:49:59	116	02:13:41	M Sen3	214
95	M	Wolthausen, Thorsten	71	TS Harburg Team Bergamont	00:22:36	96	01:03:59	119	01:26:35	111	00:47:32	77	02:14:07	M AK 4	135
96		Rambatz, Wolfgang	58	FC St. Pauli	00:21:50	70	01:03:51	117	01:25:41	103	00:48:29	88	02:14:11	M Sen3	77
97	B	Ahrens, Reiner	60	BSG Volksfürsorge	00:24:30	157	01:01:54	94	01:26:24	109	00:48:00	81	02:14:25	M Sen2	35
98	B	Hahn, Ronald	67	BSG Philips LG	00:22:33	94	00:59:33	54	01:22:06	61	00:52:33	143	02:14:39	M Sen1	104
99		Vucinic, Slobodan	66	Triabolos Hamburg e.V	00:20:47	40	01:07:47	167	01:28:34	131	00:46:11	57	02:14:45	M Sen1	101
100		Eisenschmidt, Jan	67	Hamburg	00:23:18	124	01:01:24	88	01:24:42	94	00:50:31	124	02:15:13	M Sen1	201
101	M	Neudörffer, Cordula	71	TuS Holstein Quickborn	00:21:06	49	01:07:06	160	01:28:12	125	00:47:10	72	02:15:22	W AK 4	246
102	S	Koninski, Axel		BrAx Team	00:21:36	64	01:02:31	101	01:24:07	86	00:51:28	135	02:15:36	Staffel-M	403
103	M	Peemöller, Hans-Hermanr	54	HT 16 Triathlon Team	00:21:49	68	01:05:00	139	01:26:49	113	00:49:04	98	02:15:53	M Sen4	11
104	S	Verch, Julian		Fliegenpilze	00:26:22	185	01:08:21	171	01:34:43	181	00:41:52	17	02:16:35	Staffel-M	414
105	M	Goldberg, Monika	73	Team Triathlon Hamburger Hochschulen	00:24:27	153	01:01:14	85	01:25:41	104	00:50:57	130	02:16:38	W AK 4	21

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
106	B	Berka, Thomas	62	BSG Siemens	00:22:50	101	01:01:18	87	01:24:08	87	00:52:30	142	02:16:39	M Sen2	230
107		Schenk, Till	80	Triabolos Hamburg e.V.	00:21:34	63	01:07:13	161	01:28:47	136	00:47:52	79	02:16:40	M AK 2	67
108		Hagel, Petra	77	Triabolos Hamburg e.V.	00:23:58	144	01:04:08	123	01:28:06	124	00:48:35	90	02:16:41	W AK 3	127
109		Heyer, Thomas	72	RV Endspurt Hamburg	00:25:51	181	00:55:57	16	01:21:48	57	00:55:20	167	02:17:08	M AK 4	32
110	M	Sievers, Marc	81	Kaifu Tri Team	00:23:40	129	01:04:14	125	01:27:54	122	00:49:22	103	02:17:17	M AK 2	63
111	S	Meyerhoff, Michael		BSG Feldtmann I	00:27:20	197	01:03:41	113	01:31:01	164	00:46:32	63	02:17:33	Staffel-M	405
112		Höcker, Sven	81	Hamburg	00:22:38	98	01:06:10	151	01:28:48	137	00:48:56	95	02:17:44	M AK 2	70
113		Kayser, Frank	69	Tri-EMTV Elmshorn	00:23:48	134	01:00:44	75	01:24:32	91	00:53:25	148	02:17:58	M Sen1	199
114	S	Krieger, Andreas		BSG Jungheinrich AG	00:23:56	142	01:06:59	157	01:30:55	161	00:47:05	70	02:18:00	Staffel-M	407
115	B	Mehrkens, Hans-Werner	55	Finanzamt Blankenese	00:22:54	106	01:07:04	159	01:29:58	144	00:48:09	82	02:18:07	M Sen3	189
116		Welzel, Knut	60	Triabolos Hamburg e.V.	00:23:34	126	01:04:55	136	01:28:29	129	00:49:43	109	02:18:12	M Sen2	181
117	B	Wenrich, Alexander	67	BSG Volksfürsorge	00:24:10	147	01:03:31	111	01:27:41	119	00:50:33	125	02:18:14	M Sen1	91
118		Siemers, André	83	AMTV Hamburg	00:23:59	145	01:04:39	130	01:28:38	134	00:49:40	107	02:18:18	M AK 2	123
119	M	Spijker, Rüdiger	60	Tri Michels Hamburg	00:23:10	121	01:04:30	127	01:27:40	118	00:50:41	128	02:18:22	M Sen2	27
120		Bastian, Jens	63	SG Gruner+Jahr	00:22:32	93	01:05:19	141	01:27:51	121	00:50:35	126	02:18:27	M Sen2	215
121	M	Heyer, Frank	63	Triabolos Hamburg e.V.	00:23:43	132	01:05:21	142	01:29:04	138	00:49:27	104	02:18:31	M Sen2	234
122		Meyer, Thomas	68	Triabolos Hamburg e.V.	00:23:01	113	01:05:32	143	01:28:33	130	00:49:59	114	02:18:32	M Sen1	83
123	B	Lohmann, Rolf Michael	60	BSG SG Stern Hamburg	00:24:07	146	01:06:28	153	01:30:35	155	00:47:57	80	02:18:33	M Sen2	239
124	B	Jux, Michael	66	BSG SG Stern Hamburg	00:23:54	138	01:03:17	108	01:27:11	115	00:51:27	134	02:18:39	M Sen1	235
125		Neumann, Uwe	73	Team Erdinger Alkoholfrei	00:23:20	125	01:03:37	112	01:26:57	114	00:51:44	139	02:18:41	M AK 4	40
126		Hase, Gerd	61	Heidgrabener SV	00:23:50	135	01:04:57	138	01:28:47	135	00:49:56	113	02:18:44	M Sen2	96
127	B	Weskamm, Rüdiger	55	BSG Siemens	00:23:53	139	01:02:22	97	01:26:15	107	00:52:34	144	02:18:49	M Sen3	3
128	M	Klein, Rüdiger	77	Triabolos Hamburg	00:22:58	110	01:02:31	100	01:25:29	101	00:53:23	147	02:18:53	M AK 3	263
129	M	Zill, Mirko	69	Triabolos Hamburg e.V	00:23:41	130	01:01:14	86	01:24:55	97	00:53:59	154	02:18:54	M Sen1	258
130		Ramm, Jürgen	60	Herrnburg	00:24:20	149	01:03:58	120	01:28:18	127	00:51:19	133	02:19:37	M Sen2	117
131	B	herrmann, michael	61	BSG Deutsche Bank	00:22:13	83	01:09:06	176	01:31:19	167	00:48:28	87	02:19:48	M Sen2	57
132	M	Schäfer, Dr. Ullrich	46	TS Harburg Team Bergamont	00:22:15	84	01:08:57	177	01:31:12	166	00:48:36	91	02:19:48	M Sen5	141
133	S	Brandt, Dietmar		Die Krückaukrücken	00:23:06	118	01:02:24	98	01:25:30	102	00:54:32	160	02:20:03	Staffel-M	412
134	M	Timm, Heinrich	55	Kaifu Tri Team	00:21:14	51	01:07:22	163	01:28:36	132	00:51:31	136	02:20:08	M Sen3	112
135	S	Warnat, Stefan		SG Wasserratten Norderstedt 2	00:26:45	192	01:01:10	82	01:27:55	123	00:52:23	140	02:20:18	Staffel-M	422
136		Sanders, Karsten	66	Hamburg	00:22:49	102	01:07:30	165	01:30:19	148	00:50:04	118	02:20:24	M Sen1	113
137		Wieck, Andreas	58	Beiersdorf AG	00:22:50	103	01:08:02	170	01:30:52	159	00:49:43	108	02:20:36	M Sen3	103
138	M	Strokosch, Michael	70	Kaifu Tri Team	00:23:09	119	01:01:52	92	01:25:01	99	00:55:41	172	02:20:43	M AK 4	79
139	S	Klein, Andreas		TRI-EMTV	00:26:24	187	01:04:27	124	01:30:51	158	00:50:04	119	02:20:55	Staffel-M	427
140	M	Kunst, Sabine	70	Triabolos Hamburg e.V.	00:24:23	151	01:03:51	118	01:28:14	126	00:52:51	146	02:21:06	W AK 4	8

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi- Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
141	S	Neuefeind, Dieter		SG Wasserratten Norderstedt 3	00:25:04	167	01:07:29	162	01:32:33	172	00:48:41	94	02:21:14	Staffel-M	423
142	S	Sörensen-Paulsen, Dirk		BSG OTTO 6	00:24:40	161	01:02:38	102	01:27:18	116	00:53:57	153	02:21:15	Staffel-M	409
143		Dieg, Niels	79	hamburg	00:23:45	133	01:06:49	155	01:30:34	154	00:50:45	129	02:21:19	M AK 3	121
144	S	Krohn, Olaf		BSG Feldtmann II	00:20:24	30	01:05:44	148	01:26:08	106	00:55:17	166	02:21:25	Staffel-M	406
145		Treidler, Andreas	71	Hamburg	00:22:24	88	01:10:02	185	01:32:26	171	00:49:15	101	02:21:42	M AK 4	147
146	B	Reuschlein, Katja	78	BSG Beiersdorf	00:22:53	105	01:07:54	169	01:30:47	157	00:51:06	131	02:21:54	W AK 3	174
147	S	Luther, Ingo		Team Itzstedt	00:22:35	95	01:10:07	186	01:32:42	173	00:49:33	106	02:22:16	Staffel-M	424
148		Mull, Dr. Diana	67	Vfl Oldesloe	00:23:02	114	01:03:42	114	01:26:44	112	00:55:39	170	02:22:23	W Sen1	12
149		Günther, Dr. Britt	67	Tri-EMTV	00:24:31	158	01:04:06	122	01:28:37	133	00:54:14	157	02:22:52	W Sen1	185
150	M	Kloes, Daniel	69	Triabolos Hamburg e.V.	00:24:58	164	00:59:54	56	01:24:52	96	00:58:24	190	02:23:16	M Sen1	47
151		Ludwig, Marc	74	Hitzhusen	00:26:06	184	01:04:52	135	01:30:58	162	00:52:29	141	02:23:27	M AK 4	232
152		Peithmann, Norbert	58	Hamburg	00:25:01	166	01:04:41	132	01:29:42	143	00:53:47	151	02:23:29	M Sen3	179
153		Schröder, Ralf	63	SG Wasserratten Norderstedt	00:24:28	154	01:03:59	121	01:28:27	128	00:55:07	165	02:23:34	M Sen2	61
154	M	Boy, Andreas	78	Hamburg	00:25:47	179	01:04:39	131	01:30:26	151	00:53:36	149	02:24:03	M AK 3	228
155		Lehmann, Thomas	58	Norderstedt	00:24:47	162	01:05:37	144	01:30:24	149	00:53:45	150	02:24:09	M Sen3	110
156		Niebuhr, Jens	69	SG Wasserratten Norderstedt	00:25:18	173	01:05:10	140	01:30:28	152	00:53:48	152	02:24:17	M Sen1	45
157	S	Thoma, Dieter		BSG OTTO Team 2009	00:24:32	159	01:01:56	95	01:26:28	110	00:58:11	188	02:24:39	Staffel-M	411
158	M	Meyer, Juliane	80	Triabolos Hamburg e.V.	00:24:28	155	01:05:57	149	01:30:25	150	00:54:23	159	02:24:48	W AK 2	131
159	M	Kranz, Uwe	42	TuS Holstein Quickborn	00:25:35	176	01:04:33	128	01:30:08	146	00:54:45	163	02:24:54	M Sen6	248
160	B	tokarek, thomas	59	BSG Siemens	00:22:12	82	01:07:03	158	01:29:15	139	00:56:04	174	02:25:20	M Sen3	210
161	B	Kamrad, Hubert	55	BSG SG Stern Hamburg	00:24:52	163	01:04:27	126	01:29:19	140	00:56:04	175	02:25:23	M Sen3	236
162		Kähler, Norman	71	Hamburg	00:23:42	131	01:07:29	164	01:31:11	165	00:54:35	162	02:25:47	M AK 4	242
163		Lang, Joachim	64	Tri-EMTV	00:25:00	165	01:04:36	129	01:29:36	142	00:56:27	176	02:26:03	M Sen2	85
164		Voß, Holger	66	BMTV	00:23:38	128	01:08:23	172	01:32:01	169	00:54:06	156	02:26:07	M Sen1	99
165		Eisenschmidt, Franziska	66	Hamburg	00:24:20	150	01:11:44	191	01:36:04	184	00:50:07	120	02:26:12	W Sen1	203
166	B	van Marwick, Andreas	60	BSG Siemens	00:24:29	156	01:06:05	150	01:30:34	153	00:55:44	173	02:26:19	M Sen2	211
167		peckmann, carsten	67	bsg tchibo	00:25:12	169	01:08:30	175	01:33:42	179	00:52:49	145	02:26:32	M Sen1	108
168		Mocigemba, Nicole	73	Beiersdorf AG	00:24:14	148	01:06:27	152	01:30:41	156	00:56:56	181	02:27:38	W AK 4	213
169		Braun, Keena	68	Fortuna Bösdorf	00:25:19	174	01:05:41	147	01:31:00	163	00:56:41	178	02:27:42	M Sen1	14
170		Buchholz, Uwe	68	BSG Volksfürsorge	00:22:52	104	01:13:50	200	01:36:42	188	00:51:33	137	02:28:15	M Sen1	92
171		Grundt, Thomas	67	Kölln-Reisiek	00:25:43	178	01:01:37	89	01:27:20	117	01:01:17	203	02:28:38	M Sen1	65
172		Pflocksch, Martina	65	Triabolos Hamburg e.V.	00:25:33	175	01:06:42	154	01:32:15	170	00:56:33	177	02:28:48	W Sen1	129
173		Niedieck, Henrik	73	SG Wasserratten Norderstedt	00:27:55	199	00:59:55	57	01:27:50	120	01:01:14	201	02:29:04	M AK 4	78
174		Weber, Timo	89	SV Poseidon	00:22:07	81	01:12:02	194	01:34:09	180	00:55:36	169	02:29:46	M AK 1	139
175		Küster, Siegfried	48	TuS Holstein Quickborn	00:23:37	127	01:09:09	179	01:32:46	174	00:57:01	182	02:29:47	M Sen5	94

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi- Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
176	B	Kersten, Ines	62	BSG NDR	00:26:23	186	01:04:56	137	01:31:19	168	00:58:42	191	02:30:02	W Sen2	4
177		Bornhold, Robert	78	Fortuna Bösdorf	00:26:35	189	01:03:42	115	01:30:17	147	01:00:07	197	02:30:25	M AK 3	186
178		Merta, Stefan	66	BSG Volksfürsorge	00:22:59	111	01:18:24	211	01:41:23	203	00:49:03	97	02:30:26	M Sen1	93
179		Nielsen, Holger	57	Heede	00:26:32	188	01:12:15	196	01:38:47	195	00:51:42	138	02:30:29	M Sen3	2
180		Peters, Jürgen	51	RSC Kattenberg	00:25:16	171	01:05:37	145	01:30:53	160	00:59:42	194	02:30:36	M Sen4	197
181		Sylvester, Olaf	66	Kiel	00:23:55	141	01:12:48	199	01:36:43	189	00:54:05	155	02:30:49	M Sen1	124
182		Sprunk, Thorsten	66	Alster-Canoe-Club e.V.	00:25:14	170	01:08:23	173	01:33:37	178	00:57:14	183	02:30:51	M Sen1	106
183	B	Kathenbach, Martin	79	BSG TÜV NORD	00:26:02	182	01:09:53	183	01:35:55	183	00:54:57	164	02:30:52	M AK 3	43
184		Warda, Simone	70	Hamburg	00:24:33	160	01:11:46	190	01:36:19	186	00:54:35	161	02:30:54	W AK 4	205
185	S	Lichnau, Oliver		Lola 2	00:29:59	209	00:59:27	52	01:29:26	141	01:02:14	204	02:31:41	Staffel-M	429
186		Baudisch, Andreas	74	TSV Wandsetal	00:25:05	168	01:12:20	197	01:37:25	191	00:54:16	158	02:31:42	M AK 4	81
187		Hohnen, Jan	71	Bevern	00:27:08	194	01:09:27	182	01:36:35	187	00:55:28	168	02:32:04	M AK 4	208
188		Schmidt, Florian	73	Ahrensburger TSV	00:25:42	177	01:07:49	168	01:33:31	177	00:58:48	192	02:32:19	M AK 4	73
189		Hamann, Andreas	63	SG Wasserratten Norderstedt	00:26:05	183	01:06:57	156	01:33:02	175	00:59:44	195	02:32:47	M Sen2	173
190		Zimmer, Florian	77	Hamburg	00:23:54	140	01:11:28	188	01:35:22	182	00:57:39	186	02:33:01	M AK 3	178
191	S	Jaekel, Hannelore		BSG DESY	00:30:24	212	01:20:00	213	01:50:24	212	00:43:37	28	02:34:01	Staffel-M	404
192		Weber, Michael	72	Hamburg	00:23:03	116	01:17:15	208	01:40:18	197	00:55:40	171	02:35:58	M AK 4	160
193	M	Gerlach, Mathias	75	Tri Michels Hamburg	00:24:23	152	01:11:47	193	01:36:10	185	01:00:22	199	02:36:32	M AK 3	241
194	S	Schlegel, Cornelia		Team TÜV-Nord - HSU	00:26:40	191	01:12:42	198	01:39:22	196	00:57:14	184	02:36:37	Staffel-W	401
195		Kruse, Jens	69	Tornesch	00:25:49	180	01:07:33	166	01:33:22	176	01:03:40	209	02:37:02	M Sen1	229
196		Knoefel, Jan	89	Father-Son-Connection	00:27:52	198	01:10:42	187	01:38:34	193	00:58:54	193	02:37:28	M AK 1	204
197	S	Rickers, Tom		LuFeTo	00:31:32	215	01:09:09	180	01:40:41	198	00:56:53	180	02:37:34	Staffel-M	417
198	M	Dohrn, Frank	58	AMTV Hamburg	00:28:13	202	01:09:06	178	01:37:19	190	01:00:29	200	02:37:49	M Sen3	5
199	B	Ahrens, Sabine	60	BSG Volksfürsorge	00:27:18	196	01:13:52	201	01:41:10	202	00:57:58	187	02:39:09	W Sen2	34
200		Balzer, Marina	85	Hamburg	00:26:48	193	01:14:19	203	01:41:07	201	00:58:15	189	02:39:22	W AK 1	59
201		Wittke, Mitja	81	BSG Gaden	00:25:17	172	01:18:19	210	01:43:36	206	00:56:45	179	02:40:21	M AK 2	198
202	S	Herzog, Pamela		Herzteufel	00:29:21	205	01:08:23	174	01:37:44	192	01:03:17	207	02:41:02	Staffel-M	420
203	B	Bornmann, Kerstin	67	Otto	00:29:47	207	01:14:48	204	01:44:35	208	00:57:21	185	02:41:57	W Sen1	16
204		Knoefel, Gerhard	59	Father-Son-Connection	00:28:56	203	01:12:02	195	01:40:58	200	01:02:40	205	02:43:38	M Sen3	206
205		Filenius, Torsten	69	Quickborn	00:26:39	190	01:17:59	209	01:44:38	209	01:00:18	198	02:44:56	M Sen1	190
206		Donofrio, Leonardo	76	Kaifu Tri Team	00:28:06	201	01:17:04	207	01:45:10	211	00:59:59	196	02:45:09	M AK 3	184
207	B	Höpfner, Arne	69	FA Blankenese	00:28:05	200	01:14:08	202	01:42:13	204	01:03:33	208	02:45:46	M Sen1	167
208	B	Wolf, Uta	78	BSG TÜV NORD	00:29:53	208	01:15:12	205	01:45:05	210	01:01:16	202	02:46:22	W AK 3	33
209		Kohlstedt, Ralf	61	Poseidon Hamburg	00:29:26	206	01:09:19	181	01:38:45	194	01:09:15	212	02:48:00	M Sen2	114
210	M	Mertelsmann, Detlef	40	TuS Holstein Quickborn	00:27:13	195	01:16:28	206	01:43:41	207	01:06:03	210	02:49:44	M Sen6	97

Gesamtwertung (Einlaufliste einschl. Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
211	S	Hoesen, Katharina		A & K Team	00:31:09	214	01:11:31	189	01:42:40	205	01:10:56	213	02:53:37	Staffel-M	402
212	B	Probst, Helmut		39 BSG E.ON Hanse	00:31:00	213	01:19:54	212	01:50:54	213	01:02:49	206	02:53:43	M Sen7	188
213		Herzog, Josef		60 SG Wasserratten Norderstedt	00:28:58	204	01:11:46	192	01:40:44	199	01:14:45	214	02:55:30	M Sen2	152
214		Glaser, Ulrike Manuela		76 Hamburg	00:30:06	211	01:25:07	215	01:55:13	215	01:06:27	211	03:01:41	W AK 3	227
215		Maas, Torsten		76 Wrist	00:32:03	216	01:26:22	216	01:58:25	216	01:16:27	215	03:14:53	M AK 3	231
216	M	Lange, Wolfgang		42 TuS Holstein Quickborn	00:30:05	210	01:24:26	214	01:54:31	214	01:24:30	216	03:19:01	M Sen6	192

Ausgeschiedene:

M		dieg, michael		48 Werk 3 Triathlon Hamburg	00:38:57		01:16:46		01:55:43	---		---		M Sen5	119
M		Jähmig, Maximilian		89 TuS Holstein Quickborn	00:21:59		00:58:00		01:19:59	---		---		M AK 1	89
		Koch, Florian		71 Triabolos Hamburg e.V	00:26:16		---		---	---		---		M AK 4	75
M		Rohlfs, Volker		63 TS Harburg Team Bergamont	00:23:04		01:10:45		01:33:49	---		---		M Sen2	161
B		Theile, Hartwich		55 Finanzamt Blankenese	00:22:14		01:09:02		01:31:16	---		---		M Sen3	219

Disqualifizierte:

Keine! Es wurden nur Verwarnungen mit Zeitsrafen verhängt.

Einzelwertung (Einlaufliste ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1		Goerke, Nils	73	Triabolos Hamburg	00:17:23	1	00:50:15	1	01:07:38	1	00:36:34	1	01:44:13	M AK 4	1
2		Bartsch, Thomas	73	TT Braunschweig	00:17:43	2	00:54:20	5	01:12:03	2	00:38:30	2	01:50:33	M AK 4	132
3	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	4	00:54:05	3	01:12:04	4	00:39:36	6	01:51:41	M AK 3	41
4		Herber, Philipp	89	TS Harburg Team Bergamont	00:17:55	3	00:54:08	4	01:12:03	3	00:41:26	11	01:53:30	M AK 1	145
5	M	schmitz, ralph	67	Kaifu Tri Team	00:18:59	15	00:53:07	2	01:12:06	5	00:42:19	16	01:54:25	M Sen1	87
6	M	Fiedler, Thilo	83	Tri Michels Hamburg	00:18:17	6	00:54:51	9	01:13:08	6	00:41:25	10	01:54:33	M AK 2	191
7		Wiebe, Nicholas	75	PSV Eutin	00:18:56	14	00:57:30	30	01:16:26	19	00:38:30	3	01:54:56	M AK 3	264
8	M	radke, dirk	68	Kaifu Tri Team	00:18:43	10	00:57:41	33	01:16:24	18	00:38:49	4	01:55:13	M Sen1	170
9		Gehrke, Stefan	72	Vfl Oldesloe Tri	00:19:33	18	00:55:16	11	01:14:49	9	00:40:24	8	01:55:14	M AK 4	154
10	M	tychsen, frederik	75	Tri Michels Hamburg	00:18:42	9	00:54:41	7	01:13:23	7	00:42:36	18	01:55:59	M AK 3	46
11	M	Glück, Christian	81	TT HSU Hamburg	00:18:44	11	00:57:24	29	01:16:08	16	00:40:18	7	01:56:27	M AK 2	15
12	M	Schuster, Jens	70	Kaifu Tri Team	00:18:16	5	00:56:01	16	01:14:17	8	00:42:25	17	01:56:43	M AK 4	86
13	M	Hoffmann, Lennart	81	Kaifu Tri Team	00:18:17	7	00:57:47	34	01:16:04	13	00:41:38	12	01:57:42	M AK 2	22
14	M	Jahn, Christian	76	Tri Michels Hamburg	00:18:19	8	00:57:48	35	01:16:07	15	00:41:47	13	01:57:55	M AK 3	171
15	M	Raissis, Marc-Alex	71	Triabolos Hamburg e.V.	00:20:36	31	00:54:28	6	01:15:04	11	00:42:59	20	01:58:03	M AK 4	49
16	M	Oettinger, Christian	67	Triabolos Hamburg e.V.	00:20:12	23	00:54:44	8	01:14:56	10	00:43:22	22	01:58:19	M Sen1	220
17	M	Jacobsen, Thilo	73	Tri Michels Hamburg	00:19:40	19	00:56:24	18	01:16:04	12	00:42:45	19	01:58:49	M AK 4	193
18	B	Polster, Malte	76	BSG TÜV NORD	00:19:09	16	01:00:26	63	01:19:35	38	00:39:35	5	01:59:11	M AK 3	36
19	M	Pape, Stephan	74	Triabolos Hamburg e.V.	00:19:41	20	00:56:28	19	01:16:09	17	00:43:23	23	01:59:33	M AK 4	142
20	M	Hüppe, Stefan	69	TS Harburg Team Bergamont	00:18:47	12	00:59:07	45	01:17:54	28	00:42:05	15	02:00:00	M Sen1	153
21	M	Patraschewski, Thomas	79	Kaifu Tri Team	00:19:22	17	00:56:42	22	01:16:04	14	00:45:03	37	02:01:08	M AK 3	200
22	M	Menze, Kolja	73	Tri Michels Hamburg	00:20:16	25	00:56:59	25	01:17:15	21	00:44:01	27	02:01:17	M AK 4	260
23	M	Houtrouw, Enno	77	Tri Michels Hamburg	00:20:25	27	00:57:10	28	01:17:35	24	00:43:46	25	02:01:21	M AK 3	144
24	M	Schlüter, Bernd	63	Triabolos Hamburg e.V.	00:20:20	26	00:57:53	37	01:18:13	31	00:43:20	21	02:01:34	M Sen2	55
25		Hansen, Thomas	57	TuS Germania Schnelsen	00:19:46	21	01:00:10	58	01:19:56	40	00:41:48	14	02:01:44	M Sen3	249
26	M	Reisch, Christian	72	Triabolos Hamburg e.V.	00:20:41	33	00:57:01	26	01:17:42	27	00:44:07	31	02:01:49	M AK 4	69
27	M	Bück, Christian	81	TS Harburg Team Bergamont	00:20:53	39	00:56:45	23	01:17:38	25	00:45:09	39	02:02:47	M AK 2	233
28		Niedieck, Olav	69	SG Wasserratten Norderstedt	00:21:59	69	00:55:00	10	01:16:59	20	00:45:49	48	02:02:48	M Sen1	76
29		Bruhn, Marc	75	SG Wasserratten Norderstedt	00:20:30	29	00:57:34	31	01:18:04	30	00:45:22	42	02:03:26	M AK 3	136
30		Klewer, Michael	77	Tri Fun Güstrow	00:21:50	63	00:57:38	32	01:19:28	37	00:44:03	28	02:03:32	M AK 3	133
31	M	Klindworth, Jan-Hinrich	88	TuS Finkenwerder	00:20:09	22	00:59:07	44	01:19:16	35	00:44:39	34	02:03:56	M AK 1	48
32		Kairies, Matthias Christoph	72	TRI EMTV Elmshorn	00:21:56	66	00:56:01	15	01:17:57	29	00:46:10	50	02:04:07	M AK 4	20
33		korba, wojtek	72	TS Harburg	00:20:29	28	00:59:13	47	01:19:42	39	00:44:26	33	02:04:08	M AK 4	118
34	M	Zaher, Nicholas	73	Kaifu Tri Team	00:21:25	51	00:56:09	17	01:17:34	22	00:47:01	60	02:04:35	M AK 4	172

Einzelwertung (Einlaufliste ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
35		Höper, Detlef	66	Radteam Bargstedt Harsefeld	00:21:22	50	00:59:31	49	01:20:53	46	00:43:44	24	02:04:38	M Sen1	42
36	M	Klingemann, Werner	59	Triabolos Hamburg e.V.	00:20:13	24	01:00:37	64	01:20:50	45	00:43:50	26	02:04:40	M Sen3	98
37		Wichmann, Oliver	81	BSG Kurt Gaden	00:18:51	13	01:05:39	132	01:24:30	83	00:40:35	9	02:05:05	M AK 2	52
38	M	Thom, Marcus	69	TS Harburg Team Bergamont	00:20:56	41	00:59:45	51	01:20:41	44	00:44:45	36	02:05:26	M Sen1	138
39	M	Dohse, Michael	78	Triabolos Hamburg e.V.	00:22:01	72	00:56:39	21	01:18:40	32	00:47:12	65	02:05:52	M AK 3	18
40		Brüggemann, Frank	66	Triabolos Hamburg e.V.	00:20:49	37	01:00:38	65	01:21:27	50	00:44:43	35	02:06:10	M Sen1	58
41		Brell, Michael	65	SG Wasserratten Norderstedt	00:22:00	70	00:55:40	12	01:17:40	26	00:48:41	84	02:06:21	M Sen1	148
42		Lierow, Wolfgang	70	BSG OTTO	00:20:37	32	01:00:18	61	01:20:55	47	00:45:29	43	02:06:24	M AK 4	253
43	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	38	01:01:40	83	01:22:31	62	00:44:04	29	02:06:35	W AK 2	159
44		Schenk, Lutz	78	Triabolos Hamburg e.V.	00:21:33	57	01:00:04	56	01:21:37	52	00:45:08	38	02:06:46	M AK 3	176
45	M	Horn, Christian	78	Triabolos Hamburg e.V.	00:20:53	40	01:00:39	66	01:21:32	51	00:45:14	41	02:06:46	M AK 3	9
46		Ruth, Lothar	73	TS Harburg Team Bergamont	00:20:45	35	01:02:13	88	01:22:58	67	00:44:06	30	02:07:05	M AK 4	26
47	B	Milewski, Marek	67	BSG SG Stern Hamburg	00:22:30	84	00:56:31	20	01:19:01	33	00:48:25	77	02:07:26	M Sen1	238
48		Kaland, Bernd	56	Appen	00:21:02	42	01:00:54	73	01:21:56	56	00:46:00	49	02:07:56	M Sen3	13
49	M	vom Hofe, Björn	79	Tri Michels Hamburg	00:21:28	53	00:59:56	54	01:21:24	48	00:46:43	58	02:08:07	M AK 3	30
50		Gerlach, Stephan	72	Tri Michels Hamburg	00:20:43	34	01:03:05	95	01:23:48	78	00:44:20	32	02:08:09	M AK 4	244
51	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	43	00:58:07	39	01:19:12	34	00:49:02	86	02:08:15	W Sen1	53
52		Biemann, Matthias	71	SG Wasserratten Norderstedt	00:21:53	65	01:00:16	60	01:22:09	60	00:46:14	53	02:08:24	M AK 4	137
53		Hinterberg, Dominik	65	Triabolos Hamburg e.V.	00:22:20	79	00:57:49	36	01:20:09	43	00:48:18	74	02:08:28	M Sen1	82
54	M	Friedrichs, Hendrik	77	Tri Michels Hamburg	00:21:47	61	00:55:48	13	01:17:35	23	00:51:07	118	02:08:42	M AK 3	175
55		Hümmecke, Manfred	53	Tus Holtenau	00:20:35	30	01:03:08	96	01:23:43	76	00:45:12	40	02:08:56	M Sen4	51
56	M	Klug, Tim	83	Kaifu Tri Team	00:21:25	52	00:57:54	38	01:19:19	36	00:49:48	98	02:09:08	M AK 2	68
57	M	Koziol, Rüdiger	65	Triabolos Hamburg e.V.	00:23:11	112	00:58:30	40	01:21:41	53	00:47:27	68	02:09:09	M Sen1	74
58		Depre, Rainer	65	Kaifu Tri Team	00:22:39	90	00:59:08	46	01:21:47	54	00:47:23	67	02:09:10	M Sen1	109
59		Hentzien, René	69	Hamburg	00:21:06	44	01:02:29	90	01:23:35	73	00:45:47	46	02:09:23	M Sen1	100
60	B	Hering, Christian	78	BSG TÜV NORD	00:23:12	113	00:56:56	24	01:20:08	42	00:49:33	94	02:09:41	M AK 3	28
61	M	Prätsch Dr., Ulrich	47	TSG Bergedorf	00:22:56	99	00:57:02	27	01:19:58	41	00:50:09	108	02:10:07	M Sen5	250
62		Bergau, Lars	78	HOCHBAHN	00:22:57	100	01:00:44	69	01:23:41	74	00:46:27	56	02:10:08	M AK 3	169
63	M	Roeger, Frank	68	Kaifu Tri Team	00:21:43	60	01:02:41	92	01:24:24	82	00:45:48	47	02:10:13	M Sen1	151
64		Beerbaum, Sonja	72	Trisport Schwerin	00:21:16	47	01:03:23	98	01:24:39	87	00:45:39	45	02:10:19	W AK 4	44
65		Kaminski, Thorsten	70	Triabolos Hamburg e.V.	00:21:29	54	01:01:45	84	01:23:14	69	00:47:05	62	02:10:19	M AK 4	60
66	M	Wagner, Steve	81	Triabolos Hamburg e.V.	00:23:05	106	01:00:10	57	01:23:15	70	00:47:04	61	02:10:20	M AK 2	88
67		Grünefeldt, Michael	73	Pinneberg	00:22:02	73	01:01:09	75	01:23:11	68	00:47:16	66	02:10:27	M AK 4	38
68		Burrichter, Niels	65	Kiebitzreihe	00:22:03	74	01:03:03	94	01:25:06	93	00:45:38	44	02:10:45	M Sen1	256

Einzelwertung (Einlaufliste ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
69	M	Pohl, Bernd	62	Werk 3 Triathlon Hamburg	00:21:31	56	01:03:00	93	01:24:31	84	00:46:20	54	02:10:52	M Sen2	209
70	M	Heller, Hauke	89	Triabolos Hamburg e.V.	00:21:20	49	01:03:24	99	01:24:44	89	00:46:13	52	02:10:58	M AK 1	120
71	M	Pille, Bernd	63	TS Harburg Team Bergamont	00:21:58	68	01:01:52	86	01:23:50	79	00:47:10	63	02:11:00	M Sen2	105
72		Angermann, Marco	76	Hamburg	00:23:51	126	01:00:42	67	01:24:33	86	00:46:27	55	02:11:01	M AK 3	95
73		Hildebrandt, Dirk	63	TUS Harsefeld	00:22:28	82	01:00:01	55	01:22:29	61	00:48:41	83	02:11:11	M Sen2	66
74	M	Seemann, Gunar	77	TuS Holstein Quickborn	00:21:42	59	01:01:08	74	01:22:50	65	00:48:23	76	02:11:13	M AK 3	125
75	B	Manke, Dirk	71	BSG Philips LG	00:22:22	80	01:00:19	62	01:22:41	64	00:48:34	80	02:11:15	M AK 4	146
76		Priester, Tilman	58	SG Wasserratten Norderstedt	00:22:00	71	00:59:26	48	01:21:26	49	00:49:59	103	02:11:25	M Sen3	150
77		Böttger, Martin	71	AIRBUS SG	00:22:37	88	01:00:50	71	01:23:27	72	00:48:21	75	02:11:48	M AK 4	187
78		von Borstel, Dirk	64	Hamburg	00:23:05	108	00:58:57	41	01:22:02	58	00:50:17	109	02:12:19	M AK 3	202
79	M	Heins, Christian	61	BSG Radsport Zentrum Hamburg	00:23:01	103	00:59:00	43	01:22:01	57	00:50:37	113	02:12:38	M Sen2	6
80	M	Ihns, Thomas	62	Tri Michels Hamburg	00:21:57	67	01:00:42	68	01:22:39	63	00:50:03	105	02:12:42	M Sen2	140
81	M	Helbig, Leana	81	Triabolos Hamburg e.V.	00:21:17	48	01:04:49	120	01:26:06	97	00:46:37	57	02:12:43	W AK 2	102
82	M	Dahms, Andreas	80	Team Triathlon Hamburggrer Hochsch	00:23:57	131	00:58:59	42	01:22:56	66	00:49:51	100	02:12:48	M AK 2	254
83	M	Graubner, Rolf	55	Team Triathlon Hamburger Hochsch	00:22:55	98	01:00:51	72	01:23:46	77	00:49:14	89	02:13:01	M Sen3	107
84	M	Habekost, Martin	65	HT 16 Triathlon Team	00:21:30	55	01:04:45	119	01:26:15	99	00:46:54	59	02:13:10	M Sen1	71
85		axmann, heiko	60	rosengarten	00:23:10	110	01:00:16	59	01:23:26	71	00:49:49	99	02:13:15	M Sen2	31
86		Fröhling, Thomas	68	Hamburg	00:22:48	91	01:01:12	76	01:24:00	80	00:49:18	91	02:13:18	M Sen1	56
87	M	Steinkühler, Thomas	57	TuS Holstein Quickborn	00:22:29	83	01:01:13	77	01:23:42	75	00:49:59	104	02:13:41	M Sen3	214
88	M	Wolthausen, Thorsten	71	TS Harburg Team Bergamont	00:22:36	87	01:03:59	106	01:26:35	101	00:47:32	69	02:14:07	M AK 4	135
89		Rambatz, Wolfgang	58	FC St. Pauli	00:21:50	64	01:03:51	104	01:25:41	95	00:48:29	79	02:14:11	M Sen3	77
90	B	Ahrens, Reiner	60	BSG Volksfürsorge	00:24:30	145	01:01:54	87	01:26:24	100	00:48:00	72	02:14:25	M Sen2	35
91	B	Hahn, Ronald	67	BSG Philips LG	00:22:33	86	00:59:33	50	01:22:06	59	00:52:33	127	02:14:39	M Sen1	104
92		Vucinic, Slobodan	66	Triabolos Hamburg e.V.	00:20:47	36	01:07:47	150	01:28:34	119	00:46:11	51	02:14:45	M Sen1	101
93		Eisenschmidt, Jan	67	Hamburg	00:23:18	114	01:01:24	81	01:24:42	88	00:50:31	110	02:15:13	M Sen1	201
94	M	Neudörffer, Cordula	71	TuS Holstein Quickborn	00:21:06	45	01:07:06	144	01:28:12	113	00:47:10	64	02:15:22	W AK 4	246
95	M	Peemöller, Hans-Hermann	54	HT 16 Triathlon Team	00:21:49	62	01:05:00	125	01:26:49	103	00:49:04	88	02:15:53	M Sen4	11
96	M	Goldberg, Monika	73	Team Triathlon Hamburger Hochsch	00:24:27	141	01:01:14	78	01:25:41	96	00:50:57	116	02:16:38	W AK 4	21
97	B	Berka, Thomas	62	BSG Siemens	00:22:50	92	01:01:18	80	01:24:08	81	00:52:30	126	02:16:39	M Sen2	230
98		Schenk, Till	80	Triabolos Hamburg e.V.	00:21:34	58	01:07:13	145	01:28:47	124	00:47:52	70	02:16:40	M AK 2	67
99		Hagel, Petra	77	Triabolos Hamburg e.V.	00:23:58	132	01:04:08	110	01:28:06	112	00:48:35	81	02:16:41	W AK 3	127
100		Heyer, Thomas	72	RV Endspurt Hamburg	00:25:51	166	00:55:57	14	01:21:48	55	00:55:20	148	02:17:08	M AK 4	32
101	M	Sievers, Marc	81	Kaifu Tri Team	00:23:40	119	01:04:14	111	01:27:54	111	00:49:22	92	02:17:17	M AK 2	63
102		Höcker, Sven	81	Hamburg	00:22:38	89	01:06:10	136	01:28:48	125	00:48:56	85	02:17:44	M AK 2	70

Einzelwertung (Einlaufliste ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
103		Kayser, Frank	69	Tri-EMTV Elmshorn	00:23:48	124	01:00:44	70	01:24:32	85	00:53:25	132	02:17:58	M Sen1	199
104	B	Mehrkens, Hans-Werner	55	Finanzamt Blankenese	00:22:54	97	01:07:04	143	01:29:58	131	00:48:09	73	02:18:07	M Sen3	189
105		Welzel, Knut	60	Triabolos Hamburg e.V.	00:23:34	116	01:04:55	122	01:28:29	117	00:49:43	97	02:18:12	M Sen2	181
106	B	Wenrich, Alexander	67	BSG Volksfürsorge	00:24:10	135	01:03:31	100	01:27:41	108	00:50:33	111	02:18:14	M Sen1	91
107		Siemers, André	83	AMTV Hamburg	00:23:59	133	01:04:39	116	01:28:38	122	00:49:40	95	02:18:18	M AK 2	123
108	M	Spijker, Rüdiger	60	Tri Michels Hamburg	00:23:10	111	01:04:30	113	01:27:40	107	00:50:41	114	02:18:22	M Sen2	27
109		Bastian, Jens	63	SG Gruner+Jahr	00:22:32	85	01:05:19	127	01:27:51	110	00:50:35	112	02:18:27	M Sen2	215
110	M	Heyer, Frank	63	Triabolos Hamburg e.V.	00:23:43	122	01:05:21	128	01:29:04	126	00:49:27	93	02:18:31	M Sen2	234
111		Meyer, Thomas	68	Triabolos Hamburg e.V.	00:23:01	104	01:05:32	129	01:28:33	118	00:49:59	102	02:18:32	M Sen1	83
112	B	Lohmann, Rolf Michael	60	BSG SG Stern Hamburg	00:24:07	134	01:06:28	138	01:30:35	141	00:47:57	71	02:18:33	M Sen2	239
113	B	Jux, Michael	66	BSG SG Stern Hamburg	00:23:54	127	01:03:17	97	01:27:11	105	00:51:27	120	02:18:39	M Sen1	235
114		Neumann, Uwe	73	Team Erdinger Alkoholfrei	00:23:20	115	01:03:37	101	01:26:57	104	00:51:44	124	02:18:41	M AK 4	40
115		Hase, Gerd	61	Heidgrabener SV	00:23:50	125	01:04:57	124	01:28:47	123	00:49:56	101	02:18:44	M Sen2	96
116	B	Weskamm, Rüdiger	55	BSG Siemens	00:23:53	128	01:02:22	89	01:26:15	98	00:52:34	128	02:18:49	M Sen3	3
117	M	Klein, Rüdiger	77	Triabolos Hamburg	00:22:58	101	01:02:31	91	01:25:29	94	00:53:23	131	02:18:53	M AK 3	263
118	M	Zill, Mirko	69	Triabolos Hamburg e.V	00:23:41	120	01:01:14	79	01:24:55	91	00:53:59	137	02:18:54	M Sen1	258
119		Ramm, Jürgen	60	Herrnburg	00:24:20	137	01:03:58	107	01:28:18	115	00:51:19	119	02:19:37	M Sen2	117
120	B	herrmann, michael	61	BSG Deutsche Bank	00:22:13	77	01:09:06	157	01:31:19	150	00:48:28	78	02:19:48	M Sen2	57
121	M	Schäfer, Dr. Ullrich	46	TS Harburg Team Bergamont	00:22:15	78	01:08:57	158	01:31:12	149	00:48:36	82	02:19:48	M Sen5	141
122	M	Timm, Heinrich	55	Kaifu Tri Team	00:21:14	46	01:07:22	146	01:28:36	120	00:51:31	121	02:20:08	M Sen3	112
123		Sanders, Karsten	66	Hamburg	00:22:49	93	01:07:30	148	01:30:19	134	00:50:04	106	02:20:24	M Sen1	113
124		Wieck, Andreas	58	Beiersdorf AG	00:22:50	94	01:08:02	153	01:30:52	144	00:49:43	96	02:20:36	M Sen3	103
125	M	Strokosch, Michael	70	Kaifu Tri Team	00:23:09	109	01:01:52	85	01:25:01	92	00:55:41	153	02:20:43	M AK 4	79
126	M	Kunst, Sabine	70	Triabolos Hamburg e.V.	00:24:23	139	01:03:51	105	01:28:14	114	00:52:51	130	02:21:06	W AK 4	8
127		Dieg, Niels	79	hamburg	00:23:45	123	01:06:49	140	01:30:34	140	00:50:45	115	02:21:19	M AK 3	121
128		Treidler, Andreas	71	Hamburg	00:22:24	81	01:10:02	164	01:32:26	154	00:49:15	90	02:21:42	M AK 4	147
129	B	Reuschlein, Katja	78	BSG Beiersdorf	00:22:53	96	01:07:54	152	01:30:47	143	00:51:06	117	02:21:54	W AK 3	174
130		Mull, Dr. Diana	67	Vfl Oldesloe	00:23:02	105	01:03:42	102	01:26:44	102	00:55:39	151	02:22:23	W Sen1	12
131		Günther, Dr. Britt	67	Tri-EMTV	00:24:31	146	01:04:06	109	01:28:37	121	00:54:14	140	02:22:52	W Sen1	185
132	M	Kloes, Daniel	69	Triabolos Hamburg e.V.	00:24:58	150	00:59:54	52	01:24:52	90	00:58:24	168	02:23:16	M Sen1	47
133		Ludwig, Marc	74	Hitzhusen	00:26:06	169	01:04:52	121	01:30:58	146	00:52:29	125	02:23:27	M AK 4	232
134		Peithmann, Norbert	58	Hamburg	00:25:01	152	01:04:41	118	01:29:42	130	00:53:47	135	02:23:29	M Sen3	179
135		Schröder, Ralf	63	SG Wasserratten Norderstedt	00:24:28	142	01:03:59	108	01:28:27	116	00:55:07	147	02:23:34	M Sen2	61
136	M	Boy, Andreas	78	Hamburg	00:25:47	164	01:04:39	117	01:30:26	137	00:53:36	133	02:24:03	M AK 3	228

Einzelwertung (Einlaufliste ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
137		Lehmann, Thomas	58	Norderstedt	00:24:47	148	01:05:37	130	01:30:24	135	00:53:45	134	02:24:09	M Sen3	110
138		Niebuhr, Jens	69	SG Wasserratten Norderstedt	00:25:18	158	01:05:10	126	01:30:28	138	00:53:48	136	02:24:17	M Sen1	45
139	M	Meyer, Juliane	80	Triabolos Hamburg e.V.	00:24:28	143	01:05:57	134	01:30:25	136	00:54:23	142	02:24:48	W AK 2	131
140	M	Kranz, Uwe	42	TuS Holstein Quickborn	00:25:35	161	01:04:33	114	01:30:08	132	00:54:45	145	02:24:54	M Sen6	248
141	B	tokarek, thomas	59	BSG Siemens	00:22:12	76	01:07:03	142	01:29:15	127	00:56:04	155	02:25:20	M Sen3	210
142	B	Kamrad, Hubert	55	BSG SG Stern Hamburg	00:24:52	149	01:04:27	112	01:29:19	128	00:56:04	156	02:25:23	M Sen3	236
143		Kähler, Norman	71	Hamburg	00:23:42	121	01:07:29	147	01:31:11	148	00:54:35	144	02:25:47	M AK 4	242
144		Lang, Joachim	64	Tri-EMTV	00:25:00	151	01:04:36	115	01:29:36	129	00:56:27	157	02:26:03	M Sen2	85
145		Voß, Holger	66	BMTV	00:23:38	118	01:08:23	154	01:32:01	152	00:54:06	139	02:26:07	M Sen1	99
146		Eisenschmidt, Franziska	66	Hamburg	00:24:20	138	01:11:44	168	01:36:04	164	00:50:07	107	02:26:12	W Sen1	203
147	B	van Marwick, Andreas	60	BSG Siemens	00:24:29	144	01:06:05	135	01:30:34	139	00:55:44	154	02:26:19	M Sen2	211
148		peckmann, carsten	67	bsg tchibo	00:25:12	154	01:08:30	156	01:33:42	160	00:52:49	129	02:26:32	M Sen1	108
149		Mocigemba, Nicole	73	Beiersdorf AG	00:24:14	136	01:06:27	137	01:30:41	142	00:56:56	161	02:27:38	W AK 4	213
150		Braun, Keena	68	Fortuna Bösdorf	00:25:19	159	01:05:41	133	01:31:00	147	00:56:41	159	02:27:42	M Sen1	14
151		Buchholz, Uwe	68	BSG Volksfürsorge	00:22:52	95	01:13:50	176	01:36:42	168	00:51:33	122	02:28:15	M Sen1	92
152		Grundt, Thomas	67	Kölln-Reisiek	00:25:43	163	01:01:37	82	01:27:20	106	01:01:17	181	02:28:38	M Sen1	65
153		Pflocksch, Martina	65	Triabolos Hamburg e.V.	00:25:33	160	01:06:42	139	01:32:15	153	00:56:33	158	02:28:48	W Sen1	129
154		Niedieck, Henrik	73	SG Wasserratten Norderstedt	00:27:55	179	00:59:55	53	01:27:50	109	01:01:14	179	02:29:04	M AK 4	78
155		Weber, Timo	89	SV Poseidon	00:22:07	75	01:12:02	171	01:34:09	161	00:55:36	150	02:29:46	M AK 1	139
156		Küster, Siegfried	48	TuS Holstein Quickborn	00:23:37	117	01:09:09	160	01:32:46	155	00:57:01	162	02:29:47	M Sen5	94
157	B	Kersten, Ines	62	BSG NDR	00:26:23	170	01:04:56	123	01:31:19	151	00:58:42	169	02:30:02	W Sen2	4
158		Bornhold, Robert	78	Fortuna Bösdorf	00:26:35	172	01:03:42	103	01:30:17	133	01:00:07	175	02:30:25	M AK 3	186
159		Merta, Stefan	66	BSG Volksfürsorge	00:22:59	102	01:18:24	187	01:41:23	180	00:49:03	87	02:30:26	M Sen1	93
160		Nielsen, Holger	57	Heede	00:26:32	171	01:12:15	173	01:38:47	174	00:51:42	123	02:30:29	M Sen3	2
161		Peters, Jürgen	51	RSC Kattenberg	00:25:16	156	01:05:37	131	01:30:53	145	00:59:42	172	02:30:36	M Sen4	197
162		Sylvester, Olaf	66	Kiel	00:23:55	130	01:12:48	175	01:36:43	169	00:54:05	138	02:30:49	M Sen1	124
163		Sprunk, Thorsten	66	Alster-Canoe-Club e.V.	00:25:14	155	01:08:23	155	01:33:37	159	00:57:14	163	02:30:51	M Sen1	106
164	B	Kathenbach, Martin	79	BSG TÜV NORD	00:26:02	167	01:09:53	163	01:35:55	163	00:54:57	146	02:30:52	M AK 3	43
165		Warda, Simone	70	Hamburg	00:24:33	147	01:11:46	167	01:36:19	166	00:54:35	143	02:30:54	W AK 4	205
166		Baudisch, Andreas	74	TSV Wandsetal	00:25:05	153	01:12:20	174	01:37:25	171	00:54:16	141	02:31:42	M AK 4	81
167		Hohnen, Jan	71	Bevern	00:27:08	175	01:09:27	162	01:36:35	167	00:55:28	149	02:32:04	M AK 4	208
168		Schmidt, Florian	73	Ahrensburger TSV	00:25:42	162	01:07:49	151	01:33:31	158	00:58:48	170	02:32:19	M AK 4	73
169		Hamann, Andreas	63	SG Wasserratten Norderstedt	00:26:05	168	01:06:57	141	01:33:02	156	00:59:44	173	02:32:47	M Sen2	173
170		Zimmer, Florian	77	Hamburg	00:23:54	129	01:11:28	166	01:35:22	162	00:57:39	165	02:33:01	M AK 3	178

Einzelwertung (Einlaufliste ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
171		Weber, Michael	72	Hamburg	00:23:03	107	01:17:15	184	01:40:18	175	00:55:40	152	02:35:58	M AK 4	160
172	M	Gerlach, Mathias	75	Tri Michels Hamburg	00:24:23	140	01:11:47	170	01:36:10	165	01:00:22	177	02:36:32	M AK 3	241
173		Kruse, Jens	69	Tornesch	00:25:49	165	01:07:33	149	01:33:22	157	01:03:40	185	02:37:02	M Sen1	229
174		Knoefel, Jan	89	Father-Son-Connection	00:27:52	178	01:10:42	165	01:38:34	172	00:58:54	171	02:37:28	M AK 1	204
175	M	Dohrn, Frank	58	AMTV Hamburg	00:28:13	182	01:09:06	159	01:37:19	170	01:00:29	178	02:37:49	M Sen3	5
176	B	Ahrens, Sabine	60	BSG Volksfürsorge	00:27:18	177	01:13:52	177	01:41:10	179	00:57:58	166	02:39:09	W Sen2	34
177		Balzer, Marina	85	Hamburg	00:26:48	174	01:14:19	179	01:41:07	178	00:58:15	167	02:39:22	W AK 1	59
178		Wittke, Mitja	81	BSG Gaden	00:25:17	157	01:18:19	186	01:43:36	182	00:56:45	160	02:40:21	M AK 2	198
179	B	Bornmann, Kerstin	67	Otto	00:29:47	186	01:14:48	180	01:44:35	184	00:57:21	164	02:41:57	W Sen1	16
180		Knoefel, Gerhard	59	Father-Son-Connection	00:28:56	183	01:12:02	172	01:40:58	177	01:02:40	182	02:43:38	M Sen3	206
181		Filenius, Torsten	69	Quickborn	00:26:39	173	01:17:59	185	01:44:38	185	01:00:18	176	02:44:56	M Sen1	190
182		Donofrio, Leonardo	76	Kaifu Tri Team	00:28:06	181	01:17:04	183	01:45:10	187	00:59:59	174	02:45:09	M AK 3	184
183	B	Höpfner, Arne	69	FA Blankenese	00:28:05	180	01:14:08	178	01:42:13	181	01:03:33	184	02:45:46	M Sen1	167
184	B	Wolf, Uta	78	BSG TÜV NORD	00:29:53	187	01:15:12	181	01:45:05	186	01:01:16	180	02:46:22	W AK 3	33
185		Kohlstedt, Ralf	61	Poseidon Hamburg	00:29:26	185	01:09:19	161	01:38:45	173	01:09:15	188	02:48:00	M Sen2	114
186	M	Mertelsmann, Detlef	40	TuS Holstein Quickborn	00:27:13	176	01:16:28	182	01:43:41	183	01:06:03	186	02:49:44	M Sen6	97
187	B	Probst, Helmut	39	BSG E.ON Hanse	00:31:00	190	01:19:54	188	01:50:54	188	01:02:49	183	02:53:43	M Sen7	188
188		Herzog, Josef	60	SG Wasserratten Norderstedt	00:28:58	184	01:11:46	169	01:40:44	176	01:14:45	189	02:55:30	M Sen2	152
189		Glaser, Ulrike Manuela	76	Hamburg	00:30:06	189	01:25:07	190	01:55:13	190	01:06:27	187	03:01:41	W AK 3	227
190		Maas, Torsten	76	Wrist	00:32:03	191	01:26:22	191	01:58:25	191	01:16:27	190	03:14:53	M AK 3	231
191	M	Lange, Wolfgang	42	TuS Holstein Quickborn	00:30:05	188	01:24:26	189	01:54:31	189	01:24:30	191	03:19:01	M Sen6	192

Ausgeschiedene:

1		dieg, michael	48	Werk 3 Triathlon Hamburg	00:38:57		01:16:46		01:55:43	---		---		M Sen5	119
2		Jähnig, Maximilian	89	TuS Holstein Quickborn	00:21:59		00:58:00		01:19:59	---		---		M AK 1	89
3		Koch, Florian	71	Triabolos Hamburg e.V	00:26:16		---		---	---		---		M AK 4	75
4		Rohlf, Volker	63	TS Harburg Team Bergamont	00:23:04		01:10:45		01:33:49	---		---		M Sen2	161
5		Theile, Hartwich	55	Finanzamt Blankenese	00:22:14		01:09:02		01:31:16	---		---		M Sen3	219

Disqualifizierte:

Keine! Es wurden nur Verwarnungen mit Zeitstrafen verhängt.

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
FRAUEN :															
1		Balzer, Marina	85	Hamburg	00:26:48	1	01:14:19	1	01:41:07	1	00:58:15	1	02:39:22	W AK 1	59
1	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	1	01:01:40	1	01:22:31	1	00:44:04	1	02:06:35	W AK 2	159
2	M	Helbig, Leana	81	Triabolos Hamburg e.V.	00:21:17	2	01:04:49	2	01:26:06	2	00:46:37	2	02:12:43	W AK 2	102
3	M	Meyer, Juliane	80	Triabolos Hamburg e.V.	00:24:28	3	01:05:57	3	01:30:25	3	00:54:23	3	02:24:48	W AK 2	131
1		Hagel, Petra	77	Triabolos Hamburg e.V.	00:23:58	2	01:04:08	1	01:28:06	1	00:48:35	1	02:16:41	W AK 3	127
2	B	Reuschlein, Katja	78	BSG Beiersdorf	00:22:53	1	01:07:54	2	01:30:47	2	00:51:06	2	02:21:54	W AK 3	174
3	B	Wolf, Uta	78	BSG TÜV NORD	00:29:53	3	01:15:12	3	01:45:05	3	01:01:16	3	02:46:22	W AK 3	33
4		Glaser, Ulrike Manuela	76	Hamburg	00:30:06	4	01:25:07	4	01:55:13	4	01:06:27	4	03:01:41	W AK 3	227
1		Beerbaum, Sonja	72	Trisport Schwerin	00:21:16	2	01:03:23	2	01:24:39	1	00:45:39	1	02:10:19	W AK 4	44
2	M	Neudörffer, Cordula	71	TuS Holstein Quickborn	00:21:06	1	01:07:06	5	01:28:12	3	00:47:10	2	02:15:22	W AK 4	246
3	M	Goldberg, Monika	73	Team Triathlon Hamburger Hochsch	00:24:27	5	01:01:14	1	01:25:41	2	00:50:57	3	02:16:38	W AK 4	21
4	M	Kunst, Sabine	70	Triabolos Hamburg e.V.	00:24:23	4	01:03:51	3	01:28:14	4	00:52:51	4	02:21:06	W AK 4	8
5		Mocigemba, Nicole	73	Beiersdorf AG	00:24:14	3	01:06:27	4	01:30:41	5	00:56:56	6	02:27:38	W AK 4	213
6		Warda, Simone	70	Hamburg	00:24:33	6	01:11:46	6	01:36:19	6	00:54:35	5	02:30:54	W AK 4	205
1	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	1	00:58:07	1	01:19:12	1	00:49:02	1	02:08:15	W Sen1	53
2		Mull, Dr. Diana	67	Vfl Oldesloe	00:23:02	2	01:03:42	2	01:26:44	2	00:55:39	4	02:22:23	W Sen1	12
3		Günther, Dr. Britt	67	Tri-EMTV	00:24:31	4	01:04:06	3	01:28:37	3	00:54:14	3	02:22:52	W Sen1	185
4		Eisenschmidt, Franziska	66	Hamburg	00:24:20	3	01:11:44	5	01:36:04	5	00:50:07	2	02:26:12	W Sen1	203
5		Pflocksch, Martina	65	Triabolos Hamburg e.V.	00:25:33	5	01:06:42	4	01:32:15	4	00:56:33	5	02:28:48	W Sen1	129
6	B	Bornmann, Kerstin	67	Otto	00:29:47	6	01:14:48	6	01:44:35	6	00:57:21	6	02:41:57	W Sen1	16
1	B	Kersten, Ines	62	BSG NDR	00:26:23	1	01:04:56	1	01:31:19	1	00:58:42	2	02:30:02	W Sen2	4
2	B	Ahrens, Sabine	60	BSG Volksfürsorge	00:27:18	2	01:13:52	2	01:41:10	2	00:57:58	1	02:39:09	W Sen2	34

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
M Ä N N E R :															
1		Herber, Philipp	89	TS Harburg Team Bergamont	00:17:55	1	00:54:08	1	01:12:03	1	00:41:26	1	01:53:30	M AK 1	145
2	M	Klindworth, Jan-Hinrich	88	TuS Finkenwerder	00:20:09	2	00:59:07	2	01:19:16	2	00:44:39	2	02:03:56	M AK 1	48
3	M	Heller, Hauke	89	Triabolos Hamburg e.V.	00:21:20	3	01:03:24	3	01:24:44	3	00:46:13	3	02:10:58	M AK 1	120
4		Weber, Timo	89	SV Poseidon	00:22:07	4	01:12:02	5	01:34:09	4	00:55:36	4	02:29:46	M AK 1	139
5		Knoefel, Jan	89	Father-Son-Connection	00:27:52	5	01:10:42	4	01:38:34	5	00:58:54	5	02:37:28	M AK 1	204
1	M	Fiedler, Thilo	83	Tri Michels Hamburg	00:18:17	1	00:54:51	1	01:13:08	1	00:41:25	3	01:54:33	M AK 2	191
2	M	Glück, Christian	81	TT HSU Hamburg	00:18:44	3	00:57:24	3	01:16:08	3	00:40:18	1	01:56:27	M AK 2	15
3	M	Hoffmann, Lennart	81	Kaifu Tri Team	00:18:17	2	00:57:47	4	01:16:04	2	00:41:38	4	01:57:42	M AK 2	22
4	M	Bück, Christian	81	TS Harburg Team Bergamont	00:20:53	5	00:56:45	2	01:17:38	4	00:45:09	5	02:02:47	M AK 2	233
5		Wichmann, Oliver	81	BSG Kurt Gaden	00:18:51	4	01:05:39	10	01:24:30	8	00:40:35	2	02:05:05	M AK 2	52
6	M	Klug, Tim	83	Kaifu Tri Team	00:21:25	6	00:57:54	5	01:19:19	5	00:49:48	11	02:09:08	M AK 2	68
7	M	Wagner, Steve	81	Triabolos Hamburg e.V.	00:23:05	9	01:00:10	7	01:23:15	7	00:47:04	6	02:10:20	M AK 2	88
8	M	Dahms, Andreas	80	Team Triathlon Hamburggrer Hochsch	00:23:57	11	00:58:59	6	01:22:56	6	00:49:51	12	02:12:48	M AK 2	254
9		Schenk, Till	80	Triabolos Hamburg e.V.	00:21:34	7	01:07:13	12	01:28:47	11	00:47:52	7	02:16:40	M AK 2	67
10	M	Sievers, Marc	81	Kaifu Tri Team	00:23:40	10	01:04:14	8	01:27:54	9	00:49:22	9	02:17:17	M AK 2	63
11		Höcker, Sven	81	Hamburg	00:22:38	8	01:06:10	11	01:28:48	12	00:48:56	8	02:17:44	M AK 2	70
12		Siemers, André	83	AMTV Hamburg	00:23:59	12	01:04:39	9	01:28:38	10	00:49:40	10	02:18:18	M AK 2	123
13		Wittke, Mitja	81	BSG Gaden	00:25:17	13	01:18:19	13	01:43:36	13	00:56:45	13	02:40:21	M AK 2	198
1	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	1	00:54:05	1	01:12:04	1	00:39:36	3	01:51:41	M AK 3	41
2		Wiebe, Nicholas	75	PSV Eutin	00:18:56	4	00:57:30	8	01:16:26	5	00:38:30	1	01:54:56	M AK 3	264
3	M	tychsen, frederik	75	Tri Michels Hamburg	00:18:42	3	00:54:41	2	01:13:23	2	00:42:36	5	01:55:59	M AK 3	46
4	M	Jahn, Christian	76	Tri Michels Hamburg	00:18:19	2	00:57:48	11	01:16:07	4	00:41:47	4	01:57:55	M AK 3	171
5	B	Polster, Malte	76	BSG TÜV NORD	00:19:09	5	01:00:26	15	01:19:35	11	00:39:35	2	01:59:11	M AK 3	36
6	M	Patraschewski, Thomas	79	Kaifu Tri Team	00:19:22	6	00:56:42	5	01:16:04	3	00:45:03	8	02:01:08	M AK 3	200
7	M	Houtrouw, Enno	77	Tri Michels Hamburg	00:20:25	7	00:57:10	7	01:17:35	7	00:43:46	6	02:01:21	M AK 3	144
8		Bruhn, Marc	75	SG Wasserratten Norderstedt	00:20:30	8	00:57:34	9	01:18:04	8	00:45:22	11	02:03:26	M AK 3	136
9		Klewer, Michael	77	Tri Fun Güstrow	00:21:50	14	00:57:38	10	01:19:28	10	00:44:03	7	02:03:32	M AK 3	133
10	M	Dohse, Michael	78	Triabolos Hamburg e.V.	00:22:01	15	00:56:39	4	01:18:40	9	00:47:12	15	02:05:52	M AK 3	18
11		Schenk, Lutz	78	Triabolos Hamburg e.V.	00:21:33	11	01:00:04	14	01:21:37	15	00:45:08	9	02:06:46	M AK 3	176
12	M	Horn, Christian	78	Triabolos Hamburg e.V.	00:20:53	9	01:00:39	16	01:21:32	14	00:45:14	10	02:06:46	M AK 3	9
13	M	vom Hofe, Björn	79	Tri Michels Hamburg	00:21:28	10	00:59:56	13	01:21:24	13	00:46:43	14	02:08:07	M AK 3	30
14	M	Friedrichs, Hendrik	77	Tri Michels Hamburg	00:21:47	13	00:55:48	3	01:17:35	6	00:51:07	20	02:08:42	M AK 3	175

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
15	B	Hering, Christian	78	BSG TÜV NORD	00:23:12	19	00:56:56	6	01:20:08	12	00:49:33	17	02:09:41	M AK 3	28
16		Bergau, Lars	78	HOCHBAHN	00:22:57	16	01:00:44	18	01:23:41	18	00:46:27	13	02:10:08	M AK 3	169
17		Angermann, Marco	76	Hamburg	00:23:51	21	01:00:42	17	01:24:33	19	00:46:27	12	02:11:01	M AK 3	95
18	M	Seemann, Gunar	77	TuS Holstein Quickborn	00:21:42	12	01:01:08	19	01:22:50	17	00:48:23	16	02:11:13	M AK 3	125
19		von Borstel, Dirk	64	Hamburg	00:23:05	18	00:58:57	12	01:22:02	16	00:50:17	18	02:12:19	M AK 3	202
20	M	Klein, Rüdiger	77	Triabolas Hamburg	00:22:58	17	01:02:31	20	01:25:29	20	00:53:23	21	02:18:53	M AK 3	263
21		Dieg, Niels	79	hamburg	00:23:45	20	01:06:49	23	01:30:34	23	00:50:45	19	02:21:19	M AK 3	121
22	M	Boy, Andreas	78	Hamburg	00:25:47	24	01:04:39	22	01:30:26	22	00:53:36	22	02:24:03	M AK 3	228
23		Bornhold, Robert	78	Fortuna Bösdorf	00:26:35	26	01:03:42	21	01:30:17	21	01:00:07	26	02:30:25	M AK 3	186
24	B	Kathenbach, Martin	79	BSG TÜV NORD	00:26:02	25	01:09:53	24	01:35:55	25	00:54:57	23	02:30:52	M AK 3	43
25		Zimmer, Florian	77	Hamburg	00:23:54	22	01:11:28	25	01:35:22	24	00:57:39	24	02:33:01	M AK 3	178
26	M	Gerlach, Mathias	75	Tri Michels Hamburg	00:24:23	23	01:11:47	26	01:36:10	26	01:00:22	27	02:36:32	M AK 3	241
27		Donofrio, Leonardo	76	Kaifu Tri Team	00:28:06	27	01:17:04	27	01:45:10	27	00:59:59	25	02:45:09	M AK 3	184
28		Maas, Torsten	76	Wrist	00:32:03	28	01:26:22	28	01:58:25	28	01:16:27	28	03:14:53	M AK 3	231
1		Goerke, Nils	73	Triabolas Hamburg	00:17:23	1	00:50:15	1	01:07:38	1	00:36:34	1	01:44:13	M AK 4	1
2		Bartsch, Thomas	73	TT Braunschweig	00:17:43	2	00:54:20	2	01:12:03	2	00:38:30	2	01:50:33	M AK 4	132
3		Gehrke, Stefan	72	Vfl Oldesloe Tri	00:19:33	4	00:55:16	4	01:14:49	4	00:40:24	3	01:55:14	M AK 4	154
4	M	Schuster, Jens	70	Kaifu Tri Team	00:18:16	3	00:56:01	7	01:14:17	3	00:42:25	4	01:56:43	M AK 4	86
5	M	Raïssis, Marc-Alex	71	Triabolas Hamburg e.V.	00:20:36	9	00:54:28	3	01:15:04	5	00:42:59	6	01:58:03	M AK 4	49
6	M	Jacobsen, Thilo	73	Tri Michels Hamburg	00:19:40	5	00:56:24	9	01:16:04	6	00:42:45	5	01:58:49	M AK 4	193
7	M	Pape, Stephan	74	Triabolas Hamburg e.V.	00:19:41	6	00:56:28	10	01:16:09	7	00:43:23	7	01:59:33	M AK 4	142
8	M	Menze, Kolja	73	Tri Michels Hamburg	00:20:16	7	00:56:59	11	01:17:15	8	00:44:01	8	02:01:17	M AK 4	260
9	M	Reisch, Christian	72	Triabolas Hamburg e.V.	00:20:41	11	00:57:01	12	01:17:42	10	00:44:07	10	02:01:49	M AK 4	69
10		Kairies, Matthias Christoph	72	TRI EMTV Elmshorn	00:21:56	17	00:56:01	6	01:17:57	11	00:46:10	14	02:04:07	M AK 4	20
11		korba, wojtek	72	TS Harburg	00:20:29	8	00:59:13	13	01:19:42	12	00:44:26	12	02:04:08	M AK 4	118
12	M	Zaher, Nicholas	73	Kaifu Tri Team	00:21:25	14	00:56:09	8	01:17:34	9	00:47:01	16	02:04:35	M AK 4	172
13		Lierow, Wolfgang	70	BSG OTTO	00:20:37	10	01:00:18	16	01:20:55	13	00:45:29	13	02:06:24	M AK 4	253
14		Ruth, Lothar	73	TS Harburg Team Bergamont	00:20:45	13	01:02:13	22	01:22:58	17	00:44:06	9	02:07:05	M AK 4	26
15		Gerlach, Stephan	72	Tri Michels Hamburg	00:20:43	12	01:03:05	23	01:23:48	21	00:44:20	11	02:08:09	M AK 4	244
16		Biemann, Matthias	71	SG Wasserratten Norderstedt	00:21:53	16	01:00:16	15	01:22:09	15	00:46:14	15	02:08:24	M AK 4	137
17		Kaminski, Thorsten	70	Triabolas Hamburg e.V	00:21:29	15	01:01:45	20	01:23:14	19	00:47:05	17	02:10:19	M AK 4	60
18		Grünefeldt, Michael	73	Pinneberg	00:22:02	18	01:01:09	19	01:23:11	18	00:47:16	18	02:10:27	M AK 4	38
19	B	Manke, Dirk	71	BSG Philips LG	00:22:22	19	01:00:19	17	01:22:41	16	00:48:34	21	02:11:15	M AK 4	146
20		Böttger, Martin	71	AIRBUS SG	00:22:37	22	01:00:50	18	01:23:27	20	00:48:21	20	02:11:48	M AK 4	187
21	M	Wolthausen, Thorsten	71	TS Harburg Team Bergamont	00:22:36	21	01:03:59	25	01:26:35	23	00:47:32	19	02:14:07	M AK 4	135

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
22		Heyer, Thomas	72	RV Endspurt Hamburg	00:25:51	29	00:55:57	5	01:21:48	14	00:55:20	27	02:17:08	M AK 4	32
23		Neumann, Uwe	73	Team Erdinger Alkoholfrei	00:23:20	25	01:03:37	24	01:26:57	24	00:51:44	23	02:18:41	M AK 4	40
24	M	Strokosch, Michael	70	Kaifu Tri Team	00:23:09	24	01:01:52	21	01:25:01	22	00:55:41	30	02:20:43	M AK 4	79
25		Treidler, Andreas	71	Hamburg	00:22:24	20	01:10:02	30	01:32:26	28	00:49:15	22	02:21:42	M AK 4	147
26		Ludwig, Marc	74	Hitzhusen	00:26:06	30	01:04:52	26	01:30:58	26	00:52:29	24	02:23:27	M AK 4	232
27		Kähler, Norman	71	Hamburg	00:23:42	26	01:07:29	27	01:31:11	27	00:54:35	26	02:25:47	M AK 4	242
28		Niedieck, Henrik	73	SG Wasserratten Norderstedt	00:27:55	32	00:59:55	14	01:27:50	25	01:01:14	32	02:29:04	M AK 4	78
29		Baudisch, Andreas	74	TSV Wandsetal	00:25:05	27	01:12:20	31	01:37:25	31	00:54:16	25	02:31:42	M AK 4	81
30		Hohnen, Jan	71	Bevern	00:27:08	31	01:09:27	29	01:36:35	30	00:55:28	28	02:32:04	M AK 4	208
31		Schmidt, Florian	73	Ahrensburger TSV	00:25:42	28	01:07:49	28	01:33:31	29	00:58:48	31	02:32:19	M AK 4	73
32		Weber, Michael	72	Hamburg	00:23:03	23	01:17:15	32	01:40:18	32	00:55:40	29	02:35:58	M AK 4	160
1	M	schmitz, ralph	67	Kaifu Tri Team	00:18:59	3	00:53:07	1	01:12:06	1	00:42:19	3	01:54:25	M Sen1	87
2	M	radke, dirk	68	Kaifu Tri Team	00:18:43	1	00:57:41	6	01:16:24	3	00:38:49	1	01:55:13	M Sen1	170
3	M	Oettinger, Christian	67	Triabolos Hamburg e.V.	00:20:12	4	00:54:44	2	01:14:56	2	00:43:22	4	01:58:19	M Sen1	220
4	M	Hüppe, Stefan	69	TS Harburg Team Bergamont	00:18:47	2	00:59:07	9	01:17:54	6	00:42:05	2	02:00:00	M Sen1	153
5		Niedieck, Olav	69	SG Wasserratten Norderstedt	00:21:59	12	00:55:00	3	01:16:59	4	00:45:49	11	02:02:48	M Sen1	76
6		Höper, Detlef	66	Radteam Bargstedt Harsefeld	00:21:22	9	00:59:31	11	01:20:53	10	00:43:44	5	02:04:38	M Sen1	42
7	M	Thom, Marcus	69	TS Harburg Team Bergamont	00:20:56	7	00:59:45	13	01:20:41	9	00:44:45	7	02:05:26	M Sen1	138
8		Brüggmann, Frank	66	Triabolos Hamburg e.V	00:20:49	6	01:00:38	15	01:21:27	11	00:44:43	6	02:06:10	M Sen1	58
9		Brell, Michael	65	SG Wasserratten Norderstedt	00:22:00	13	00:55:40	4	01:17:40	5	00:48:41	18	02:06:21	M Sen1	148
10	B	Milewski, Marek	67	BSG SG Stern Hamburg	00:22:30	16	00:56:31	5	01:19:01	7	00:48:25	17	02:07:26	M Sen1	238
11		Hinterberg, Dominik	65	Triabolos Hamburg e.V	00:22:20	15	00:57:49	7	01:20:09	8	00:48:18	16	02:08:28	M Sen1	82
12	M	Koziol, Rüdiger	65	Triabolos Hamburg e.V	00:23:11	24	00:58:30	8	01:21:41	12	00:47:27	15	02:09:09	M Sen1	74
13		Depre, Rainer	65	Kaifu Tri Team	00:22:39	18	00:59:08	10	01:21:47	13	00:47:23	14	02:09:10	M Sen1	109
14		Hentzien, René	69	Hamburg	00:21:06	8	01:02:29	21	01:23:35	15	00:45:47	9	02:09:23	M Sen1	100
15	M	Roeger, Frank	68	Kaifu Tri Team	00:21:43	11	01:02:41	22	01:24:24	17	00:45:48	10	02:10:13	M Sen1	151
16		Burrichter, Niels	65	Kiebitzreihe	00:22:03	14	01:03:03	23	01:25:06	22	00:45:38	8	02:10:45	M Sen1	256
17	M	Habekost, Martin	65	HT 16 Triathlon Team	00:21:30	10	01:04:45	26	01:26:15	23	00:46:54	13	02:13:10	M Sen1	71
18		Fröhling, Thomas	68	Hamburg	00:22:48	19	01:01:12	17	01:24:00	16	00:49:18	20	02:13:18	M Sen1	56
19	B	Hahn, Ronald	67	BSG Philips LG	00:22:33	17	00:59:33	12	01:22:06	14	00:52:33	27	02:14:39	M Sen1	104
20		Vucinic, Slobodan	66	Triabolos Hamburg e.V	00:20:47	5	01:07:47	32	01:28:34	28	00:46:11	12	02:14:45	M Sen1	101
21		Eisenschmidt, Jan	67	Hamburg	00:23:18	25	01:01:24	19	01:24:42	19	00:50:31	23	02:15:13	M Sen1	201
22		Kayser, Frank	69	Tri-EMTV Elmshorn	00:23:48	28	01:00:44	16	01:24:32	18	00:53:25	29	02:17:58	M Sen1	199
23	B	Wenrich, Alexander	67	BSG Volksfürsorge	00:24:10	31	01:03:31	25	01:27:41	26	00:50:33	24	02:18:14	M Sen1	91
24		Meyer, Thomas	68	Triabolos Hamburg e.V.	00:23:01	23	01:05:32	28	01:28:33	27	00:49:59	21	02:18:32	M Sen1	83

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
25	B	Jux, Michael	66	BSG SG Stern Hamburg	00:23:54	29	01:03:17	24	01:27:11	24	00:51:27	25	02:18:39	M Sen1	235
26	M	Zill, Mirko	69	Triabolos Hamburg e.V	00:23:41	27	01:01:14	18	01:24:55	21	00:53:59	31	02:18:54	M Sen1	258
27		Sanders, Karsten	66	Hamburg	00:22:49	20	01:07:30	30	01:30:19	29	00:50:04	22	02:20:24	M Sen1	113
28	M	Kloes, Daniel	69	Triabolos Hamburg e.V.	00:24:58	32	00:59:54	14	01:24:52	20	00:58:24	36	02:23:16	M Sen1	47
29		Niebuhr, Jens	69	SG Wasserratten Norderstedt	00:25:18	35	01:05:10	27	01:30:28	30	00:53:48	30	02:24:17	M Sen1	45
30		Voß, Holger	66	BMTV	00:23:38	26	01:08:23	33	01:32:01	32	00:54:06	33	02:26:07	M Sen1	99
31		peckmann, carsten	67	bsg tchibo	00:25:12	33	01:08:30	35	01:33:42	35	00:52:49	28	02:26:32	M Sen1	108
32		Braun, Keena	68	Fortuna Bösdorf	00:25:19	36	01:05:41	29	01:31:00	31	00:56:41	34	02:27:42	M Sen1	14
33		Buchholz, Uwe	68	BSG Volksfürsorge	00:22:52	21	01:13:50	37	01:36:42	36	00:51:33	26	02:28:15	M Sen1	92
34		Grundt, Thomas	67	Kölln-Reisiek	00:25:43	37	01:01:37	20	01:27:20	25	01:01:17	38	02:28:38	M Sen1	65
35		Merta, Stefan	66	BSG Volksfürsorge	00:22:59	22	01:18:24	40	01:41:23	38	00:49:03	19	02:30:26	M Sen1	93
36		Sylvester, Olaf	66	Kiel	00:23:55	30	01:12:48	36	01:36:43	37	00:54:05	32	02:30:49	M Sen1	124
37		Sprunk, Thorsten	66	Alster-Canoe-Club e.V.	00:25:14	34	01:08:23	34	01:33:37	34	00:57:14	35	02:30:51	M Sen1	106
38		Kruse, Jens	69	Tornesch	00:25:49	38	01:07:33	31	01:33:22	33	01:03:40	40	02:37:02	M Sen1	229
39		Filenius, Torsten	69	Quickborn	00:26:39	39	01:17:59	39	01:44:38	40	01:00:18	37	02:44:56	M Sen1	190
40	B	Höpfner, Arne	69	FA Blankenese	00:28:05	40	01:14:08	38	01:42:13	39	01:03:33	39	02:45:46	M Sen1	167
1	M	Schlüter, Bernd	63	Triabolos Hamburg e.V.	00:20:20	1	00:57:53	1	01:18:13	1	00:43:20	1	02:01:34	M Sen2	55
2	M	Pohl, Bernd	62	Werk 3 Triathlon Hamburg	00:21:31	2	01:03:00	9	01:24:31	8	00:46:20	2	02:10:52	M Sen2	209
3	M	Pille, Bernd	63	TS Harburg Team Bergamont	00:21:58	4	01:01:52	7	01:23:50	6	00:47:10	3	02:11:00	M Sen2	105
4		Hildebrandt, Dirk	63	TUS Harsefeld	00:22:28	6	01:00:01	3	01:22:29	3	00:48:41	7	02:11:11	M Sen2	66
5	M	Heins, Christian	61	BSG Radsport Zentrum Hamburg	00:23:01	9	00:59:00	2	01:22:01	2	00:50:37	14	02:12:38	M Sen2	6
6	M	Ihns, Thomas	62	Tri Michels Hamburg	00:21:57	3	01:00:42	5	01:22:39	4	00:50:03	12	02:12:42	M Sen2	140
7		axmann, heiko	60	rosengarten	00:23:10	10	01:00:16	4	01:23:26	5	00:49:49	10	02:13:15	M Sen2	31
8	B	Ahrens, Reiner	60	BSG Volksfürsorge	00:24:30	19	01:01:54	8	01:26:24	9	00:48:00	5	02:14:25	M Sen2	35
9	B	Berka, Thomas	62	BSG Siemens	00:22:50	8	01:01:18	6	01:24:08	7	00:52:30	17	02:16:39	M Sen2	230
10		Welzel, Knut	60	Triabolos Hamburg e.V.	00:23:34	12	01:04:55	14	01:28:29	14	00:49:43	9	02:18:12	M Sen2	181
11	M	Spijker, Rüdiger	60	Tri Michels Hamburg	00:23:10	11	01:04:30	12	01:27:40	10	00:50:41	15	02:18:22	M Sen2	27
12		Bastian, Jens	63	SG Gruner+Jahr	00:22:32	7	01:05:19	16	01:27:51	11	00:50:35	13	02:18:27	M Sen2	215
13	M	Heyer, Frank	63	Triabolos Hamburg e.V.	00:23:43	13	01:05:21	17	01:29:04	16	00:49:27	8	02:18:31	M Sen2	234
14	B	Lohmann, Rolf Michael	60	BSG SG Stern Hamburg	00:24:07	15	01:06:28	19	01:30:35	19	00:47:57	4	02:18:33	M Sen2	239
15		Hase, Gerd	61	Heidgrabener SV	00:23:50	14	01:04:57	15	01:28:47	15	00:49:56	11	02:18:44	M Sen2	96
16		Ramm, Jürgen	60	Herrnburg	00:24:20	16	01:03:58	10	01:28:18	12	00:51:19	16	02:19:37	M Sen2	117
17	B	herrmann, michael	61	BSG Deutsche Bank	00:22:13	5	01:09:06	21	01:31:19	20	00:48:28	6	02:19:48	M Sen2	57
18		Schröder, Ralf	63	SG Wasserratten Norderstedt	00:24:28	17	01:03:59	11	01:28:27	13	00:55:07	18	02:23:34	M Sen2	61
19		Lang, Joachim	64	Tri-EMTV	00:25:00	20	01:04:36	13	01:29:36	17	00:56:27	20	02:26:03	M Sen2	85

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
20	B	van Marwick, Andreas	60	BSG Siemens	00:24:29	18	01:06:05	18	01:30:34	18	00:55:44	19	02:26:19	M Sen2	211
21		Hamann, Andreas	63	SG Wasserratten Norderstedt	00:26:05	21	01:06:57	20	01:33:02	21	00:59:44	21	02:32:47	M Sen2	173
22		Kohlstedt, Ralf	61	Poseidon Hamburg	00:29:26	23	01:09:19	22	01:38:45	22	01:09:15	22	02:48:00	M Sen2	114
23		Herzog, Josef	60	SG Wasserratten Norderstedt	00:28:58	22	01:11:46	23	01:40:44	23	01:14:45	23	02:55:30	M Sen2	152
4		Priester, Tilman	58	SG Wasserratten Norderstedt	00:22:00	6	00:59:26	1	01:21:26	3	00:49:59	8	02:11:25	M Sen3	150
1		Hansen, Thomas	57	TuS Germania Schnelsen	00:19:46	1	01:00:10	2	01:19:56	1	00:41:48	1	02:01:44	M Sen3	249
2	M	Klingemann, Werner	59	Triabolos Hamburg e.V.	00:20:13	2	01:00:37	3	01:20:50	2	00:43:50	2	02:04:40	M Sen3	98
5	M	Graubner, Rolf	55	Team Triathlon Hamburger Hochsch	00:22:55	11	01:00:51	4	01:23:46	6	00:49:14	6	02:13:01	M Sen3	107
3		Kaland, Bernd	56	Appen	00:21:02	3	01:00:54	5	01:21:56	4	00:46:00	3	02:07:56	M Sen3	13
6	M	Steinkühler, Thomas	57	TuS Holstein Quickborn	00:22:29	8	01:01:13	6	01:23:42	5	00:49:59	9	02:13:41	M Sen3	214
9	B	Weskamm, Rüdiger	55	BSG Siemens	00:23:53	12	01:02:22	7	01:26:15	8	00:52:34	12	02:18:49	M Sen3	3
7		Rambatz, Wolfgang	58	FC St. Pauli	00:21:50	5	01:03:51	8	01:25:41	7	00:48:29	5	02:14:11	M Sen3	77
15	B	Kamrad, Hubert	55	BSG SG Stern Hamburg	00:24:52	14	01:04:27	9	01:29:19	11	00:56:04	16	02:25:23	M Sen3	236
12		Peithmann, Norbert	58	Hamburg	00:25:01	15	01:04:41	10	01:29:42	12	00:53:47	14	02:23:29	M Sen3	179
13		Lehmann, Thomas	58	Norderstedt	00:24:47	13	01:05:37	11	01:30:24	14	00:53:45	13	02:24:09	M Sen3	110
14	B	tokarek, thomas	59	BSG Siemens	00:22:12	7	01:07:03	12	01:29:15	10	00:56:04	15	02:25:20	M Sen3	210
8	B	Mehrkens, Hans-Werner	55	Finanzamt Blankenese	00:22:54	10	01:07:04	13	01:29:58	13	00:48:09	4	02:18:07	M Sen3	189
10	M	Timm, Heinrich	55	Kaifu Tri Team	00:21:14	4	01:07:22	14	01:28:36	9	00:51:31	10	02:20:08	M Sen3	112
11		Wieck, Andreas	58	Beiersdorf AG	00:22:50	9	01:08:02	15	01:30:52	15	00:49:43	7	02:20:36	M Sen3	103
17	M	Dohrn, Frank	58	AMTV Hamburg	00:28:13	17	01:09:06	16	01:37:19	16	01:00:29	17	02:37:49	M Sen3	5
18		Knoefel, Gerhard	59	Father-Son-Connection	00:28:56	18	01:12:02	17	01:40:58	18	01:02:40	18	02:43:38	M Sen3	206
16		Nielsen, Holger	57	Heede	00:26:32	16	01:12:15	18	01:38:47	17	00:51:42	11	02:30:29	M Sen3	2
1		Hümmecke, Manfred	53	Tus Holtenau	00:20:35	1	01:03:08	1	01:23:43	1	00:45:12	1	02:08:56	M Sen4	51
2	M	Peemöller, Hans-Hermann	54	HT 16 Triathlon Team	00:21:49	2	01:05:00	2	01:26:49	2	00:49:04	2	02:15:53	M Sen4	11
3		Peters, Jürgen	51	RSC Kattenberg	00:25:16	3	01:05:37	3	01:30:53	3	00:59:42	3	02:30:36	M Sen4	197
1	M	Prätsch Dr., Ulrich	47	TSG Bergedorf	00:22:56	2	00:57:02	1	01:19:58	1	00:50:09	2	02:10:07	M Sen5	250
2	M	Schäfer, Dr. Ullrich	46	TS Harburg Team Bergamont	00:22:15	1	01:08:57	2	01:31:12	2	00:48:36	1	02:19:48	M Sen5	141
3		Küster, Siegfried	48	TuS Holstein Quickborn	00:23:37	3	01:09:09	3	01:32:46	3	00:57:01	3	02:29:47	M Sen5	94
1	M	Kranz, Uwe	42	TuS Holstein Quickborn	00:25:35	1	01:04:33	1	01:30:08	1	00:54:45	1	02:24:54	M Sen6	248
2	M	Mertelsmann, Detlef	40	TuS Holstein Quickborn	00:27:13	2	01:16:28	2	01:43:41	2	01:06:03	2	02:49:44	M Sen6	97
3	M	Lange, Wolfgang	42	TuS Holstein Quickborn	00:30:05	3	01:24:26	3	01:54:31	3	01:24:30	3	03:19:01	M Sen6	192

Altersklassenwertung Einzel gesamt (ohne Staffeln)

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1	B	Probst, Helmut	39	BSG E.ON Hanse	00:31:00	1	01:19:54	1	01:50:54	1	01:02:49	1	02:53:43	M Sen7	188

Staffelwertung Gesamt

Ein- lauf	W	Name, Vorname	Jg. Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1	S	Schröter, Stefan	SG Wasserratten Norderstedt 1	00:17:54	1	00:53:23	1	01:11:17	1	00:39:40	2	01:50:57	Staffel-M	421
2	S	Hundertmark, Michael	Triathlon Team HSU Uni BW Hamburg	00:19:10	2	00:55:08	2	01:14:18	2	00:39:34	1	01:53:52	Staffel-M	426
3	S	Palaz, Norbert	BSG OTTO 2	00:21:08	5	01:03:50	13	01:24:58	7	00:45:48	6	02:10:47	Staffel-M	408
4	S	Sass, Hans-Hermann	TuS Hemdingen-Bilsen	00:22:23	7	01:00:47	6	01:23:10	4	00:47:44	9	02:10:55	Staffel-M	428
5	S	Roberts, Gregor	Die Traumtänzer	00:22:31	8	01:00:41	5	01:23:12	5	00:49:08	11	02:12:20	Staffel-M	413
6	S	Beckmann, Jörg	Beckmann&Co.	00:20:07	3	01:09:55	21	01:30:02	14	00:42:46	4	02:12:48	Staffel-M	418
7	S	Koch, Andreas	BSG OTTO Malle-Express	00:23:52	11	00:58:55	3	01:22:47	3	00:50:21	14	02:13:08	Staffel-M	410
8	S	Koninski, Axel	BrAx Team	00:21:36	6	01:02:31	10	01:24:07	6	00:51:28	15	02:15:36	Staffel-M	403
9	S	Verch, Julian	Fliegenpilze	00:26:22	16	01:08:21	18	01:34:43	20	00:41:52	3	02:16:35	Staffel-M	414
10	S	Meyerhoff, Michael	BSG Feldtmann I	00:27:20	20	01:03:41	12	01:31:01	17	00:46:32	7	02:17:33	Staffel-M	405
11	S	Krieger, Andreas	BSG Jungheinrich AG	00:23:56	12	01:06:59	16	01:30:55	16	00:47:05	8	02:18:00	Staffel-M	407
12	S	Brandt, Dietmar	Die Krückaukrücken	00:23:06	10	01:02:24	9	01:25:30	8	00:54:32	18	02:20:03	Staffel-M	412
13	S	Warnat, Stefan	SG Wasserratten Norderstedt 2	00:26:45	19	01:01:10	7	01:27:55	12	00:52:23	16	02:20:18	Staffel-M	422
14	S	Klein, Andreas	TRI-EMTV	00:26:24	17	01:04:27	14	01:30:51	15	00:50:04	13	02:20:55	Staffel-M	427
15	S	Neuefeind, Dieter	SG Wasserratten Norderstedt 3	00:25:04	15	01:07:29	17	01:32:33	18	00:48:41	10	02:21:14	Staffel-M	423
16	S	Sörensen-Paulsen, Dirk	BSG OTTO 6	00:24:40	14	01:02:38	11	01:27:18	11	00:53:57	17	02:21:15	Staffel-M	409
17	S	Krohn, Olaf	BSG Feldtmann II	00:20:24	4	01:05:44	15	01:26:08	9	00:55:17	19	02:21:25	Staffel-M	406
18	S	Luther, Ingo	Team Itzstedt	00:22:35	9	01:10:07	22	01:32:42	19	00:49:33	12	02:22:16	Staffel-M	424
19	S	Thoma, Dieter	BSG OTTO Team 2009	00:24:32	13	01:01:56	8	01:26:28	10	00:58:11	22	02:24:39	Staffel-M	411
20	S	Lichnau, Oliver	Lola 2	00:29:59	22	00:59:27	4	01:29:26	13	01:02:14	23	02:31:41	Staffel-M	429
21	S	Jaekel, Hannelore	BSG DESY	00:30:24	23	01:20:00	25	01:50:24	25	00:43:37	5	02:34:01	Staffel-M	404
22	S	Schlegel, Cornelia	Team TÜV-Nord - HSU	00:26:40	18	01:12:42	24	01:39:22	22	00:57:14	21	02:36:37	Staffel-W	401
23	S	Rickers, Tom	LuFeTo	00:31:32	25	01:09:09	20	01:40:41	23	00:56:53	20	02:37:34	Staffel-M	417
24	S	Herzog, Pamela	Herzteufel	00:29:21	21	01:08:23	19	01:37:44	21	01:03:17	24	02:41:02	Staffel-M	420
25	S	Hoesen, Katharina	A & K Team	00:31:09	24	01:11:31	23	01:42:40	24	01:10:56	25	02:53:37	Staffel-M	402

Staffelwertung AK-Wertung

Ein- lauf	W	Name, Vorname	Jg. Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
Staffelwertung F R A U E N :														
1	S	Schlegel, Cornelia	Team TÜV-Nord - HSU	00:26:40	1	01:12:42	1	01:39:22	1	00:57:14	1	02:36:37	Staffel-W	401
Staffelwertung M Ä N N E R :														
1	S	Schröter, Stefan	SG Wasserratten Norderstedt 1	00:17:54	1	00:53:23	1	01:11:17	1	00:39:40	2	01:50:57	Staffel-M	421
2	S	Hundertmark, Michael	Triathlon Team HSU Uni BW Hamburg	00:19:10	2	00:55:08	2	01:14:18	2	00:39:34	1	01:53:52	Staffel-M	426
3	S	Palaz, Norbert	BSG OTTO 2	00:21:08	5	01:03:50	13	01:24:58	7	00:45:48	6	02:10:47	Staffel-M	408
4	S	Sass, Hans-Hermann	TuS Hemdingen-Bilsen	00:22:23	7	01:00:47	6	01:23:10	4	00:47:44	9	02:10:55	Staffel-M	428
5	S	Roberts, Gregor	Die Traumtänzer	00:22:31	8	01:00:41	5	01:23:12	5	00:49:08	11	02:12:20	Staffel-M	413
6	S	Beckmann, Jörg	Beckmann&Co.	00:20:07	3	01:09:55	21	01:30:02	14	00:42:46	4	02:12:48	Staffel-M	418
7	S	Koch, Andreas	BSG OTTO Malle-Express	00:23:52	11	00:58:55	3	01:22:47	3	00:50:21	14	02:13:08	Staffel-M	410
8	S	Koninski, Axel	BrAx Team	00:21:36	6	01:02:31	10	01:24:07	6	00:51:28	15	02:15:36	Staffel-M	403
9	S	Verch, Julian	Fliegenpilze	00:26:22	16	01:08:21	18	01:34:43	20	00:41:52	3	02:16:35	Staffel-M	414
10	S	Meyerhoff, Michael	BSG Feldtmann I	00:27:20	19	01:03:41	12	01:31:01	17	00:46:32	7	02:17:33	Staffel-M	405
11	S	Krieger, Andreas	BSG Jungheinrich AG	00:23:56	12	01:06:59	16	01:30:55	16	00:47:05	8	02:18:00	Staffel-M	407
12	S	Brandt, Dietmar	Die Krückaukrücken	00:23:06	10	01:02:24	9	01:25:30	8	00:54:32	18	02:20:03	Staffel-M	412
13	S	Warnat, Stefan	SG Wasserratten Norderstedt 2	00:26:45	18	01:01:10	7	01:27:55	12	00:52:23	16	02:20:18	Staffel-M	422
14	S	Klein, Andreas	TRI-EMTV	00:26:24	17	01:04:27	14	01:30:51	15	00:50:04	13	02:20:55	Staffel-M	427
15	S	Neuefeind, Dieter	SG Wasserratten Norderstedt 3	00:25:04	15	01:07:29	17	01:32:33	18	00:48:41	10	02:21:14	Staffel-M	423
16	S	Sörensen-Paulsen, Dirk	BSG OTTO 6	00:24:40	14	01:02:38	11	01:27:18	11	00:53:57	17	02:21:15	Staffel-M	409
17	S	Krohn, Olaf	BSG Feldtmann II	00:20:24	4	01:05:44	15	01:26:08	9	00:55:17	19	02:21:25	Staffel-M	406
18	S	Luther, Ingo	Team Itzstedt	00:22:35	9	01:10:07	22	01:32:42	19	00:49:33	12	02:22:16	Staffel-M	424
19	S	Thoma, Dieter	BSG OTTO Team 2009	00:24:32	13	01:01:56	8	01:26:28	10	00:58:11	21	02:24:39	Staffel-M	411
20	S	Lichnau, Oliver	Lola 2	00:29:59	21	00:59:27	4	01:29:26	13	01:02:14	22	02:31:41	Staffel-M	429
21	S	Jaekel, Hannelore	BSG DESY	00:30:24	22	01:20:00	24	01:50:24	24	00:43:37	5	02:34:01	Staffel-M	404
22	S	Rickers, Tom	LuFeTo	00:31:32	24	01:09:09	20	01:40:41	22	00:56:53	20	02:37:34	Staffel-M	417
23	S	Herzog, Pamela	Herzteufel	00:29:21	20	01:08:23	19	01:37:44	21	01:03:17	23	02:41:02	Staffel-M	420
24	S	Hoesen, Katharina	A & K Team	00:31:09	23	01:11:31	23	01:42:40	23	01:10:56	24	02:53:37	Staffel-M	402

Einlaufliste Betriebssportverband Hamburg

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1	B	Polster, Malte	76	BSG TÜV NORD	00:19:09	1	01:00:26	5	01:19:35	2	00:39:35	1	01:59:11	M AK 3	36
2	B	Milewski, Marek	67	BSG SG Stern Hamburg	00:22:30	5	00:56:31	1	01:19:01	1	00:48:25	5	02:07:26	M Sen1	238
3	B	Hering, Christian	78	BSG TÜV NORD	00:23:12	10	00:56:56	2	01:20:08	3	00:49:33	8	02:09:41	M AK 3	28
4	B	Manke, Dirk	71	BSG Philips LG	00:22:22	4	01:00:19	4	01:22:41	5	00:48:34	7	02:11:15	M AK 4	146
5	B	Ahrens, Reiner	60	BSG Volksfürsorge	00:24:30	16	01:01:54	7	01:26:24	8	00:48:00	3	02:14:25	M Sen2	35
6	B	Hahn, Ronald	67	BSG Philips LG	00:22:33	6	00:59:33	3	01:22:06	4	00:52:33	13	02:14:39	M Sen1	104
7	B	Berka, Thomas	62	BSG Siemens	00:22:50	7	01:01:18	6	01:24:08	6	00:52:30	12	02:16:39	M Sen2	230
8	B	Mehrkens, Hans-Werner	55	BSG Finanzamt Blankenese	00:22:54	9	01:07:04	16	01:29:58	13	00:48:09	4	02:18:07	M Sen3	189
9	B	Wenrich, Alexander	67	BSG Volksfürsorge	00:24:10	14	01:03:31	10	01:27:41	10	00:50:33	9	02:18:14	M Sen1	91
10	B	Lohmann, Rolf Michael	60	BSG SG Stern Hamburg	00:24:07	13	01:06:28	14	01:30:35	15	00:47:57	2	02:18:33	M Sen2	239
11	B	Jux, Michael	66	BSG SG Stern Hamburg	00:23:54	12	01:03:17	9	01:27:11	9	00:51:27	11	02:18:39	M Sen1	235
12	B	Weskamm, Rüdiger	55	BSG Siemens	00:23:53	11	01:02:22	8	01:26:15	7	00:52:34	14	02:18:49	M Sen3	3
13	B	herrmann, michael	61	BSG Deutsche Bank	00:22:13	3	01:09:06	18	01:31:19	17	00:48:28	6	02:19:48	M Sen2	57
14	B	Reuschlein, Katja	78	BSG Beiersdorf	00:22:53	8	01:07:54	17	01:30:47	16	00:51:06	10	02:21:54	W AK 3	174
15	B	tokarek, thomas	59	BSG Siemens	00:22:12	2	01:07:03	15	01:29:15	11	00:56:04	17	02:25:20	M Sen3	210
16	B	Kamrad, Hubert	55	BSG SG Stern Hamburg	00:24:52	17	01:04:27	11	01:29:19	12	00:56:04	18	02:25:23	M Sen3	236
17	B	van Marwick, Andreas	60	BSG Siemens	00:24:29	15	01:06:05	13	01:30:34	14	00:55:44	16	02:26:19	M Sen2	211
18	B	Kersten, Ines	62	BSG NDR	00:26:23	19	01:04:56	12	01:31:19	18	00:58:42	21	02:30:02	W Sen2	4
19	B	Kathenbach, Martin	79	BSG TÜV NORD	00:26:02	18	01:09:53	19	01:35:55	19	00:54:57	15	02:30:52	M AK 3	43
20	B	Ahrens, Sabine	60	BSG Volksfürsorge	00:27:18	20	01:13:52	20	01:41:10	20	00:57:58	20	02:39:09	W Sen2	34
21	B	Bornmann, Kerstin	67	BSG OTTO	00:29:47	22	01:14:48	22	01:44:35	22	00:57:21	19	02:41:57	W Sen1	16
22	B	Höpfner, Arne	69	BSG FA Blankenese	00:28:05	21	01:14:08	21	01:42:13	21	01:03:33	24	02:45:46	M Sen1	167
23	B	Wolf, Uta	78	BSG TÜV NORD	00:29:53	23	01:15:12	23	01:45:05	23	01:01:16	22	02:46:22	W AK 3	33
24	B	Probst, Helmut	39	BSG E.ON Hanse	00:31:00	24	01:19:54	24	01:50:54	24	01:02:49	23	02:53:43	M Sen7	188

Altersklassenwertung Betriebssportverband Hamburg

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
FRAUEN:															
1	B	Reuschlein, Katja	78	BSG Beiersdorf	00:22:53	1	01:07:54	1	01:30:47	1	00:51:06	1	02:21:54	W AK 3	174
2	B	Wolf, Uta	78	BSG TÜV NORD	00:29:53	2	01:15:12	2	01:45:05	2	01:01:16	2	02:46:22	W AK 3	33
1	B	Bornmann, Kerstin	67	BSG OTTO	00:29:47	1	01:14:48	1	01:44:35	1	00:57:21	1	02:41:57	W Sen1	16
1	B	Kersten, Ines	62	BSG NDR	00:26:23	1	01:04:56	1	01:31:19	1	00:58:42	2	02:30:02	W Sen2	4
2	B	Ahrens, Sabine	60	BSG Volksfürsorge	00:27:18	2	01:13:52	2	01:41:10	2	00:57:58	1	02:39:09	W Sen2	34

Altersklassenwertung Betriebssportverband Hamburg

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
M Ä N N E R :															
1	B	Polster, Malte	76	BSG TÜV NORD	00:19:09	1	01:00:26	2	01:19:35	1	00:39:35	1	01:59:11	M AK 3	36
2	B	Hering, Christian	78	BSG TÜV NORD	00:23:12	2	00:56:56	1	01:20:08	2	00:49:33	2	02:09:41	M AK 3	28
3	B	Kathenbach, Martin	79	BSG TÜV NORD	00:26:02	3	01:09:53	3	01:35:55	3	00:54:57	3	02:30:52	M AK 3	43
1	B	Manke, Dirk	71	BSG Philips LG	00:22:22	1	01:00:19	1	01:22:41	1	00:48:34	1	02:11:15	M AK 4	146
1	B	Milewski, Marek	67	BSG SG Stern Hamburg	00:22:30	1	00:56:31	1	01:19:01	1	00:48:25	1	02:07:26	M Sen1	238
2	B	Hahn, Ronald	67	BSG Philips LG	00:22:33	2	00:59:33	2	01:22:06	2	00:52:33	4	02:14:39	M Sen1	104
3	B	Wenrich, Alexander	67	BSG Volksfürsorge	00:24:10	4	01:03:31	4	01:27:41	4	00:50:33	2	02:18:14	M Sen1	91
4	B	Jux, Michael	66	BSG SG Stern Hamburg	00:23:54	3	01:03:17	3	01:27:11	3	00:51:27	3	02:18:39	M Sen1	235
5	B	Höpfner, Arne	69	BSG FA Blankenese	00:28:05	5	01:14:08	5	01:42:13	5	01:03:33	5	02:45:46	M Sen1	167
1	B	Ahrens, Reiner	60	BSG Volksfürsorge	00:24:30	5	01:01:54	2	01:26:24	2	00:48:00	2	02:14:25	M Sen2	35
2	B	Berka, Thomas	62	BSG Siemens	00:22:50	2	01:01:18	1	01:24:08	1	00:52:30	4	02:16:39	M Sen2	230
3	B	Lohmann, Rolf Michael	60	BSG SG Stern Hamburg	00:24:07	3	01:06:28	4	01:30:35	4	00:47:57	1	02:18:33	M Sen2	239
4	B	herrmann, michael	61	BSG Deutsche Bank	00:22:13	1	01:09:06	5	01:31:19	5	00:48:28	3	02:19:48	M Sen2	57
5	B	van Marwick, Andreas	60	BSG Siemens	00:24:29	4	01:06:05	3	01:30:34	3	00:55:44	5	02:26:19	M Sen2	211
1	B	Mehrkens, Hans-Werner	55	BSG Finanzamt Blankenese	00:22:54	2	01:07:04	4	01:29:58	4	00:48:09	1	02:18:07	M Sen3	189
2	B	Weskamm, Rüdiger	55	BSG Siemens	00:23:53	3	01:02:22	1	01:26:15	1	00:52:34	2	02:18:49	M Sen3	3
3	B	tokarek, thomas	59	BSG Siemens	00:22:12	1	01:07:03	3	01:29:15	2	00:56:04	3	02:25:20	M Sen3	210
4	B	Kamrad, Hubert	55	BSG SG Stern Hamburg	00:24:52	4	01:04:27	2	01:29:19	3	00:56:04	4	02:25:23	M Sen3	236
1	B	Probst, Helmut	39	BSG E.ON Hanse	00:31:00	1	01:19:54	1	01:50:54	1	01:02:49	1	02:53:43	M Sen7	188

Ausgeschiedene:

B	Theile, Hartwich	55	BSG Finanzamt Blankenese	00:22:14		01:09:02		01:31:16	---		---		M Sen3	219
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Disqualifizierte: Keine

7. Hamburger RUN + BIKE - Meisterschaft Einlaufliste

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	1	00:54:05	2	01:12:04	1	00:39:36	2	01:51:41	M AK 3	41
2	M	schmitz, ralph	67	Kaifu Tri Team	00:18:59	10	00:53:07	1	01:12:06	2	00:42:19	8	01:54:25	M Sen1	87
3	M	Fiedler, Thilo	83	Tri Michels Hamburg	00:18:17	3	00:54:51	6	01:13:08	3	00:41:25	4	01:54:33	M AK 2	191
4	M	radke, dirk	68	Kaifu Tri Team	00:18:43	7	00:57:41	20	01:16:24	14	00:38:49	1	01:55:13	M Sen1	170
5	M	tychsen, frederik	75	Tri Michels Hamburg	00:18:42	6	00:54:41	4	01:13:23	4	00:42:36	10	01:55:59	M AK 3	46
6	M	Glück, Christian	81	TT HSU Hamburg	00:18:44	8	00:57:24	19	01:16:08	12	00:40:18	3	01:56:27	M AK 2	15
7	M	Schuster, Jens	70	Kaifu Tri Team	00:18:16	2	00:56:01	8	01:14:17	5	00:42:25	9	01:56:43	M AK 4	86
8	M	Hoffmann, Lennart	81	Kaifu Tri Team	00:18:17	4	00:57:47	21	01:16:04	9	00:41:38	5	01:57:42	M AK 2	22
9	M	Jahn, Christian	76	Tri Michels Hamburg	00:18:19	5	00:57:48	22	01:16:07	11	00:41:47	6	01:57:55	M AK 3	171
10	M	Raassis, Marc-Alex	71	Triabolos Hamburg e.V.	00:20:36	20	00:54:28	3	01:15:04	7	00:42:59	12	01:58:03	M AK 4	49
11	M	Oettinger, Christian	67	Triabolos Hamburg e.V.	00:20:12	15	00:54:44	5	01:14:56	6	00:43:22	14	01:58:19	M Sen1	220
12	M	Jacobsen, Thilo	73	Tri Michels Hamburg	00:19:40	12	00:56:24	10	01:16:04	8	00:42:45	11	01:58:49	M AK 4	193
13	M	Pape, Stephan	74	Triabolos Hamburg e.V.	00:19:41	13	00:56:28	11	01:16:09	13	00:43:23	15	01:59:33	M AK 4	142
14	M	Hüppe, Stefan	69	TS Harburg Team Bergamont	00:18:47	9	00:59:07	30	01:17:54	21	00:42:05	7	02:00:00	M Sen1	153
15	M	Patraschewski, Thomas	79	Kaifu Tri Team	00:19:22	11	00:56:42	13	01:16:04	10	00:45:03	23	02:01:08	M AK 3	200
16	M	Menze, Kolja	73	Tri Michels Hamburg	00:20:16	17	00:56:59	15	01:17:15	15	00:44:01	18	02:01:17	M AK 4	260
17	M	Houtrouw, Enno	77	Tri Michels Hamburg	00:20:25	19	00:57:10	18	01:17:35	18	00:43:46	16	02:01:21	M AK 3	144
18	M	Schlüter, Bernd	63	Triabolos Hamburg e.V.	00:20:20	18	00:57:53	23	01:18:13	22	00:43:20	13	02:01:34	M Sen2	55
19	M	Reisch, Christian	72	Triabolos Hamburg e.V.	00:20:41	21	00:57:01	16	01:17:42	20	00:44:07	20	02:01:49	M AK 4	69
20	M	Bück, Christian	81	TS Harburg Team Bergamont	00:20:53	23	00:56:45	14	01:17:38	19	00:45:09	24	02:02:47	M AK 2	233
21	M	Klindworth, Jan-Hinrich	88	TuS Finkenwerder	00:20:09	14	00:59:07	29	01:19:16	25	00:44:39	21	02:03:56	M AK 1	48
22	M	Zaher, Nicholas	73	Kaifu Tri Team	00:21:25	31	00:56:09	9	01:17:34	16	00:47:01	32	02:04:35	M AK 4	172
23	M	Klingemann, Werner	59	Triabolos Hamburg e.V.	00:20:13	16	01:00:37	35	01:20:50	29	00:43:50	17	02:04:40	M Sen3	98
24	M	Thom, Marcus	69	TS Harburg Team Bergamont	00:20:56	25	00:59:45	31	01:20:41	28	00:44:45	22	02:05:26	M Sen1	138
25	M	Dohse, Michael	78	Triabolos Hamburg e.V.	00:22:01	42	00:56:39	12	01:18:40	23	00:47:12	36	02:05:52	M AK 3	18
26	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	22	01:01:40	43	01:22:31	34	00:44:04	19	02:06:35	W AK 2	159
27	M	Horn, Christian	78	Triabolos Hamburg e.V.	00:20:53	24	01:00:39	36	01:21:32	31	00:45:14	25	02:06:46	M AK 3	9
28	M	vom Hofe, Björn	79	Tri Michels Hamburg	00:21:28	33	00:59:56	33	01:21:24	30	00:46:43	30	02:08:07	M AK 3	30
29	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	26	00:58:07	25	01:19:12	24	00:49:02	41	02:08:15	W Sen1	53
30	M	Friedrichs, Hendrik	77	Tri Michels Hamburg	00:21:47	38	00:55:48	7	01:17:35	17	00:51:07	54	02:08:42	M AK 3	175
31	M	Klug, Tim	83	Kaifu Tri Team	00:21:25	32	00:57:54	24	01:19:19	26	00:49:48	46	02:09:08	M AK 2	68
32	M	Koziol, Rüdiger	65	Triabolos Hamburg e.V.	00:23:11	53	00:58:30	26	01:21:41	32	00:47:27	37	02:09:09	M Sen1	74
33	M	Prätsch Dr., Ulrich	47	TSG Bergedorf	00:22:56	47	00:57:02	17	01:19:58	27	00:50:09	50	02:10:07	M Sen5	250
34	M	Roeger, Frank	68	Kaifu Tri Team	00:21:43	37	01:02:41	47	01:24:24	42	00:45:48	26	02:10:13	M Sen1	151

7. Hamburger RUN + BIKE - Meisterschaft Einlaufliste

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
35	M	Wagner, Steve	81	Triabolos Hamburg e.V.	00:23:05	50	01:00:10	34	01:23:15	38	00:47:04	33	02:10:20	M AK 2	88
36	M	Pohl, Bernd	62	Werk 3 Triathlon Hamburg	00:21:31	35	01:03:00	48	01:24:31	43	00:46:20	28	02:10:52	M Sen2	209
37	M	Heller, Hauke	89	Triabolos Hamburg e.V.	00:21:20	30	01:03:24	49	01:24:44	44	00:46:13	27	02:10:58	M AK 1	120
38	M	Pille, Bernd	63	TS Harburg Team Bergamont	00:21:58	41	01:01:52	45	01:23:50	41	00:47:10	34	02:11:00	M Sen2	105
39	M	Seemann, Gunar	77	TuS Holstein Quickborn	00:21:42	36	01:01:08	39	01:22:50	36	00:48:23	39	02:11:13	M AK 3	125
40	M	Heins, Christian	61	BSG Radsport Zentrum Hamburg	00:23:01	49	00:59:00	28	01:22:01	33	00:50:37	51	02:12:38	M Sen2	6
41	M	Ihns, Thomas	62	Tri Michels Hamburg	00:21:57	40	01:00:42	37	01:22:39	35	00:50:03	49	02:12:42	M Sen2	140
42	M	Helbig, Leana	81	Triabolos Hamburg e.V.	00:21:17	29	01:04:49	57	01:26:06	50	00:46:37	29	02:12:43	W AK 2	102
43	M	Dahms, Andreas	80	Team Triathlon Hamburggrer Hochsch	00:23:57	57	00:58:59	27	01:22:56	37	00:49:51	47	02:12:48	M AK 2	254
44	M	Graubner, Rolf	55	Team Triathlon Hamburger Hochsch	00:22:55	46	01:00:51	38	01:23:46	40	00:49:14	43	02:13:01	M Sen3	107
45	M	Habekost, Martin	65	HT 16 Triathlon Team	00:21:30	34	01:04:45	56	01:26:15	51	00:46:54	31	02:13:10	M Sen1	71
46	M	Steinkühler, Thomas	57	TuS Holstein Quickborn	00:22:29	44	01:01:13	40	01:23:42	39	00:49:59	48	02:13:41	M Sen3	214
47	M	Wolthausen, Thorsten	71	TS Harburg Team Bergamont	00:22:36	45	01:03:59	51	01:26:35	52	00:47:32	38	02:14:07	M AK 4	135
48	M	Neudörffer, Cordula	71	TuS Holstein Quickborn	00:21:06	27	01:07:06	61	01:28:12	56	00:47:10	35	02:15:22	W AK 4	246
49	M	Peemöller, Hans-Hermann	54	HT 16 Triathlon Team	00:21:49	39	01:05:00	58	01:26:49	53	00:49:04	42	02:15:53	M Sen4	11
50	M	Goldberg, Monika	73	Team Triathlon Hamburger Hochsch	00:24:27	60	01:01:14	41	01:25:41	49	00:50:57	53	02:16:38	W AK 4	21
51	M	Sievers, Marc	81	Kaifu Tri Team	00:23:40	54	01:04:14	52	01:27:54	55	00:49:22	44	02:17:17	M AK 2	63
52	M	Spijker, Rüdiger	60	Tri Michels Hamburg	00:23:10	52	01:04:30	53	01:27:40	54	00:50:41	52	02:18:22	M Sen2	27
53	M	Heyer, Frank	63	Triabolos Hamburg e.V.	00:23:43	56	01:05:21	59	01:29:04	59	00:49:27	45	02:18:31	M Sen2	234
54	M	Klein, Rüdiger	77	Triabolos Hamburg	00:22:58	48	01:02:31	46	01:25:29	48	00:53:23	57	02:18:53	M AK 3	263
55	M	Zill, Mirko	69	Triabolos Hamburg e.V.	00:23:41	55	01:01:14	42	01:24:55	46	00:53:59	59	02:18:54	M Sen1	258
56	M	Schäfer, Dr. Ullrich	46	TS Harburg Team Bergamont	00:22:15	43	01:08:57	63	01:31:12	63	00:48:36	40	02:19:48	M Sen5	141
57	M	Timm, Heinrich	55	Kaifu Tri Team	00:21:14	28	01:07:22	62	01:28:36	58	00:51:31	55	02:20:08	M Sen3	112
58	M	Strokosch, Michael	70	Kaifu Tri Team	00:23:09	51	01:01:52	44	01:25:01	47	00:55:41	62	02:20:43	M AK 4	79
59	M	Kunst, Sabine	70	Triabolos Hamburg e.V.	00:24:23	58	01:03:51	50	01:28:14	57	00:52:51	56	02:21:06	W AK 4	8
60	M	Kloes, Daniel	69	Triabolos Hamburg e.V.	00:24:58	62	00:59:54	32	01:24:52	45	00:58:24	63	02:23:16	M Sen1	47
61	M	Boy, Andreas	78	Hamburg	00:25:47	64	01:04:39	55	01:30:26	62	00:53:36	58	02:24:03	M AK 3	228
62	M	Meyer, Juliane	80	Triabolos Hamburg e.V.	00:24:28	61	01:05:57	60	01:30:25	61	00:54:23	60	02:24:48	W AK 2	131
63	M	Kranz, Uwe	42	TuS Holstein Quickborn	00:25:35	63	01:04:33	54	01:30:08	60	00:54:45	61	02:24:54	M Sen6	248
64	M	Gerlach, Mathias	75	Tri Michels Hamburg	00:24:23	59	01:11:47	65	01:36:10	64	01:00:22	64	02:36:32	M AK 3	241
65	M	Dohrn, Frank	58	AMTV Hamburg	00:28:13	66	01:09:06	64	01:37:19	65	01:00:29	65	02:37:49	M Sen3	5
66	M	Mertelsmann, Detlef	40	TuS Holstein Quickborn	00:27:13	65	01:16:28	66	01:43:41	66	01:06:03	66	02:49:44	M Sen6	97
67	M	Lange, Wolfgang	42	TuS Holstein Quickborn	00:30:05	67	01:24:26	67	01:54:31	67	01:24:30	67	03:19:01	M Sen6	192

7. Hamburger RUN + BIKE - Meisterschaft Altersklassenwertung

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
FRAUEN:															
1	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	1	01:01:40	1	01:22:31	1	00:44:04	1	02:06:35	W AK 2	159
2	M	Helbig, Leana	81	Triabolos Hamburg e.V.	00:21:17	2	01:04:49	2	01:26:06	2	00:46:37	2	02:12:43	W AK 2	102
3	M	Meyer, Juliane	80	Triabolos Hamburg e.V.	00:24:28	3	01:05:57	3	01:30:25	3	00:54:23	3	02:24:48	W AK 2	131
1	M	Neudörffer, Cordula	71	TuS Holstein Quickborn	00:21:06	1	01:07:06	3	01:28:12	2	00:47:10	1	02:15:22	W AK 4	246
2	M	Goldberg, Monika	73	Team Triathlon Hamburger Hochsch	00:24:27	3	01:01:14	1	01:25:41	1	00:50:57	2	02:16:38	W AK 4	21
3	M	Kunst, Sabine	70	Triabolos Hamburg e.V.	00:24:23	2	01:03:51	2	01:28:14	3	00:52:51	3	02:21:06	W AK 4	8
1	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	1	00:58:07	1	01:19:12	1	00:49:02	1	02:08:15	W Sen1	53
MÄNNER:															
1	M	Klindworth, Jan-Hinrich	88	TuS Finkenwerder	00:20:09	1	00:59:07	1	01:19:16	1	00:44:39	1	02:03:56	M AK 1	48
2	M	Heller, Hauke	89	Triabolos Hamburg e.V.	00:21:20	2	01:03:24	2	01:24:44	2	00:46:13	2	02:10:58	M AK 1	120
1	M	Fiedler, Thilo	83	Tri Michels Hamburg	00:18:17	1	00:54:51	1	01:13:08	1	00:41:25	2	01:54:33	M AK 2	191
2	M	Glück, Christian	81	TT HSU Hamburg	00:18:44	3	00:57:24	3	01:16:08	3	00:40:18	1	01:56:27	M AK 2	15
3	M	Hoffmann, Lennart	81	Kaifu Tri Team	00:18:17	2	00:57:47	4	01:16:04	2	00:41:38	3	01:57:42	M AK 2	22
4	M	Bück, Christian	81	TS Harburg Team Bergamont	00:20:53	4	00:56:45	2	01:17:38	4	00:45:09	4	02:02:47	M AK 2	233
5	M	Klug, Tim	83	Kaifu Tri Team	00:21:25	5	00:57:54	5	01:19:19	5	00:49:48	7	02:09:08	M AK 2	68
6	M	Wagner, Steve	81	Triabolos Hamburg e.V.	00:23:05	6	01:00:10	7	01:23:15	7	00:47:04	5	02:10:20	M AK 2	88
7	M	Dahms, Andreas	80	Team Triathlon Hamburggrer Hochsch	00:23:57	8	00:58:59	6	01:22:56	6	00:49:51	8	02:12:48	M AK 2	254
8	M	Sievers, Marc	81	Kaifu Tri Team	00:23:40	7	01:04:14	8	01:27:54	8	00:49:22	6	02:17:17	M AK 2	63
1	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	1	00:54:05	1	01:12:04	1	00:39:36	1	01:51:41	M AK 3	41
2	M	tychsen, frederik	75	Tri Michels Hamburg	00:18:42	3	00:54:41	2	01:13:23	2	00:42:36	3	01:55:59	M AK 3	46
3	M	Jahn, Christian	76	Tri Michels Hamburg	00:18:19	2	00:57:48	7	01:16:07	4	00:41:47	2	01:57:55	M AK 3	171
4	M	Patraschewski, Thomas	79	Kaifu Tri Team	00:19:22	4	00:56:42	5	01:16:04	3	00:45:03	5	02:01:08	M AK 3	200
5	M	Houtrouw, Enno	77	Tri Michels Hamburg	00:20:25	5	00:57:10	6	01:17:35	6	00:43:46	4	02:01:21	M AK 3	144
6	M	Dohse, Michael	78	Triabolos Hamburg e.V.	00:22:01	10	00:56:39	4	01:18:40	7	00:47:12	8	02:05:52	M AK 3	18
7	M	Horn, Christian	78	Triabolos Hamburg e.V.	00:20:53	6	01:00:39	9	01:21:32	9	00:45:14	6	02:06:46	M AK 3	9
8	M	vom Hofe, Björn	79	Tri Michels Hamburg	00:21:28	7	00:59:56	8	01:21:24	8	00:46:43	7	02:08:07	M AK 3	30

7. Hamburger RUN + BIKE - Meisterschaft Altersklassenwertung

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Pos Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
9	M	Friedrichs, Hendrik	77	Tri Michels Hamburg	00:21:47	9	00:55:48	3	01:17:35	5	00:51:07	10	02:08:42	M AK 3	175
10	M	Seemann, Gunar	77	TuS Holstein Quickborn	00:21:42	8	01:01:08	10	01:22:50	10	00:48:23	9	02:11:13	M AK 3	125
11	M	Klein, Rüdiger	77	Triabolos Hamburg	00:22:58	11	01:02:31	11	01:25:29	11	00:53:23	11	02:18:53	M AK 3	263
12	M	Boy, Andreas	78	Hamburg	00:25:47	13	01:04:39	12	01:30:26	12	00:53:36	12	02:24:03	M AK 3	228
13	M	Gerlach, Mathias	75	Tri Michels Hamburg	00:24:23	12	01:11:47	13	01:36:10	13	01:00:22	13	02:36:32	M AK 3	241
1	M	Schuster, Jens	70	Kaifu Tri Team	00:18:16	1	00:56:01	2	01:14:17	1	00:42:25	1	01:56:43	M AK 4	86
2	M	Raassis, Marc-Alex	71	Triabolos Hamburg e.V.	00:20:36	5	00:54:28	1	01:15:04	2	00:42:59	3	01:58:03	M AK 4	49
3	M	Jacobsen, Thilo	73	Tri Michels Hamburg	00:19:40	2	00:56:24	4	01:16:04	3	00:42:45	2	01:58:49	M AK 4	193
4	M	Pape, Stephan	74	Triabolos Hamburg e.V.	00:19:41	3	00:56:28	5	01:16:09	4	00:43:23	4	01:59:33	M AK 4	142
5	M	Menze, Kolja	73	Tri Michels Hamburg	00:20:16	4	00:56:59	6	01:17:15	5	00:44:01	5	02:01:17	M AK 4	260
6	M	Reisch, Christian	72	Triabolos Hamburg e.V.	00:20:41	6	00:57:01	7	01:17:42	7	00:44:07	6	02:01:49	M AK 4	69
7	M	Zaher, Nicholas	73	Kaifu Tri Team	00:21:25	7	00:56:09	3	01:17:34	6	00:47:01	7	02:04:35	M AK 4	172
8	M	Wolthausen, Thorsten	71	TS Harburg Team Bergamont	00:22:36	8	01:03:59	9	01:26:35	9	00:47:32	8	02:14:07	M AK 4	135
9	M	Strokosch, Michael	70	Kaifu Tri Team	00:23:09	9	01:01:52	8	01:25:01	8	00:55:41	9	02:20:43	M AK 4	79
1	M	schmitz, ralph	67	Kaifu Tri Team	00:18:59	3	00:53:07	1	01:12:06	1	00:42:19	3	01:54:25	M Sen1	87
2	M	radke, dirk	68	Kaifu Tri Team	00:18:43	1	00:57:41	3	01:16:24	3	00:38:49	1	01:55:13	M Sen1	170
3	M	Oettinger, Christian	67	Triabolos Hamburg e.V.	00:20:12	4	00:54:44	2	01:14:56	2	00:43:22	4	01:58:19	M Sen1	220
4	M	Hüppe, Stefan	69	TS Harburg Team Bergamont	00:18:47	2	00:59:07	5	01:17:54	4	00:42:05	2	02:00:00	M Sen1	153
5	M	Thom, Marcus	69	TS Harburg Team Bergamont	00:20:56	5	00:59:45	6	01:20:41	5	00:44:45	5	02:05:26	M Sen1	138
6	M	Koziol, Rüdiger	65	Triabolos Hamburg e.V.	00:23:11	8	00:58:30	4	01:21:41	6	00:47:27	8	02:09:09	M Sen1	74
7	M	Roeger, Frank	68	Kaifu Tri Team	00:21:43	7	01:02:41	9	01:24:24	7	00:45:48	6	02:10:13	M Sen1	151
8	M	Habekost, Martin	65	HT 16 Triathlon Team	00:21:30	6	01:04:45	10	01:26:15	10	00:46:54	7	02:13:10	M Sen1	71
9	M	Zill, Mirko	69	Triabolos Hamburg e.V.	00:23:41	9	01:01:14	8	01:24:55	9	00:53:59	9	02:18:54	M Sen1	258
10	M	Kloes, Daniel	69	Triabolos Hamburg e.V.	00:24:58	10	00:59:54	7	01:24:52	8	00:58:24	10	02:23:16	M Sen1	47
1	M	Schlüter, Bernd	63	Triabolos Hamburg e.V.	00:20:20	1	00:57:53	1	01:18:13	1	00:43:20	1	02:01:34	M Sen2	55
2	M	Pohl, Bernd	62	Werk 3 Triathlon Hamburg	00:21:31	2	01:03:00	5	01:24:31	5	00:46:20	2	02:10:52	M Sen2	209
3	M	Pille, Bernd	63	TS Harburg Team Bergamont	00:21:58	4	01:01:52	4	01:23:50	4	00:47:10	3	02:11:00	M Sen2	105
4	M	Heins, Christian	61	BSG Radsport Zentrum Hamburg	00:23:01	5	00:59:00	2	01:22:01	2	00:50:37	6	02:12:38	M Sen2	6
5	M	Ihns, Thomas	62	Tri Michels Hamburg	00:21:57	3	01:00:42	3	01:22:39	3	00:50:03	5	02:12:42	M Sen2	140
6	M	Spijker, Rüdiger	60	Tri Michels Hamburg	00:23:10	6	01:04:30	6	01:27:40	6	00:50:41	7	02:18:22	M Sen2	27
7	M	Heyer, Frank	63	Triabolos Hamburg e.V.	00:23:43	7	01:05:21	7	01:29:04	7	00:49:27	4	02:18:31	M Sen2	234

7. Hamburger RUN + BIKE - Meisterschaft Altersklassenwertung

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
1	M	Klingemann, Werner	59	Triabolos Hamburg e.V.	00:20:13	1	01:00:37	1	01:20:50	1	00:43:50	1	02:04:40	M Sen3	98
2	M	Graubner, Rolf	55	Team Triathlon Hamburger Hochsch	00:22:55	4	01:00:51	2	01:23:46	3	00:49:14	2	02:13:01	M Sen3	107
3	M	Steinkühler, Thomas	57	TuS Holstein Quickborn	00:22:29	3	01:01:13	3	01:23:42	2	00:49:59	3	02:13:41	M Sen3	214
4	M	Timm, Heinrich	55	Kaifu Tri Team	00:21:14	2	01:07:22	4	01:28:36	4	00:51:31	4	02:20:08	M Sen3	112
5	M	Dohrn, Frank	58	AMTV Hamburg	00:28:13	5	01:09:06	5	01:37:19	5	01:00:29	5	02:37:49	M Sen3	5
1	M	Peemöller, Hans-Hermann	54	HT 16 Triathlon Team	00:21:49	1	01:05:00	1	01:26:49	1	00:49:04	1	02:15:53	M Sen4	11
1	M	Prätsch Dr., Ulrich	47	TSG Bergedorf	00:22:56	2	00:57:02	1	01:19:58	1	00:50:09	2	02:10:07	M Sen5	250
2	M	Schäfer, Dr. Ullrich	46	TS Harburg Team Bergamont	00:22:15	1	01:08:57	2	01:31:12	2	00:48:36	1	02:19:48	M Sen5	141
1	M	Kranz, Uwe	42	TuS Holstein Quickborn	00:25:35	1	01:04:33	1	01:30:08	1	00:54:45	1	02:24:54	M Sen6	248
2	M	Mertelsmann, Detlef	40	TuS Holstein Quickborn	00:27:13	2	01:16:28	2	01:43:41	2	01:06:03	2	02:49:44	M Sen6	97
3	M	Lange, Wolfgang	42	TuS Holstein Quickborn	00:30:05	3	01:24:26	3	01:54:31	3	01:24:30	3	03:19:01	M Sen6	192

Erstplatzierte RUN + BIKE am 3. Mai 2009

Ein- lauf	W	Name, Vorname	Jg.	Verein / BSG / Ort	Lauf 5,5 km	Pos L1	Rad 37 km	Pos Rad	Zwi-Zeit	Pos ZZeit	Lauf 11 km	Pos L2	Gesamt- zeit	AK	St.Nr
Siegerinnen Einzel Gesamt															
1	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	38	01:01:40	83	01:22:31	62	00:44:04	29	02:06:35	W AK 2	159
2	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	43	00:58:07	39	01:19:12	34	00:49:02	86	02:08:15	W Sen1	53
3		Beerbaum, Sonja	72	Trisport Schwerin	00:21:16	47	01:03:23	98	01:24:39	87	00:45:39	45	02:10:19	W AK 4	44
Sieger Einzel Gesamt															
1		Goerke, Nils	73	Triabolos Hamburg	00:17:23	1	00:50:15	1	01:07:38	1	00:36:34	1	01:44:13	M AK 4	1
2		Bartsch, Thomas	73	TT Braunschweig	00:17:43	2	00:54:20	5	01:12:03	2	00:38:30	2	01:50:33	M AK 4	132
3	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	4	00:54:05	3	01:12:04	4	00:39:36	6	01:51:41	M AK 3	41
Siegerinnen Betriebssport															
1	B	Reuschlein, Katja	78	BSG Beiersdorf	00:22:53	8	01:07:54	17	01:30:47	16	00:51:06	10	02:21:54	W AK 3	174
2	B	Kersten, Ines	62	BSG NDR	00:26:23	19	01:04:56	12	01:31:19	18	00:58:42	21	02:30:02	W Sen2	4
3	B	Ahrens, Sabine	60	BSG Volksfürsorge	00:27:18	20	01:13:52	20	01:41:10	20	00:57:58	20	02:39:09	W Sen2	34
Sieger Betriebssport															
1	B	Polster, Malte	76	BSG TÜV NORD	00:19:09	1	01:00:26	5	01:19:35	2	00:39:35	1	01:59:11	M AK 3	36
2	B	Milewski, Marek	67	BSG SG Stern Hamburg	00:22:30	5	00:56:31	1	01:19:01	1	00:48:25	5	02:07:26	M Sen1	238
3	B	Hering, Christian	78	BSG TÜV NORD	00:23:12	10	00:56:56	2	01:20:08	3	00:49:33	8	02:09:41	M AK 3	28
Siegerinnen Hamburger Meisterschaft															
1	M	Berndt, Sarah	84	TS Harburg Team Bergamont	00:20:51	22	01:01:40	43	01:22:31	34	00:44:04	19	02:06:35	W AK 2	159
2	M	Siebke, Dörte	67	Radsport Zentrum Hamburg	00:21:05	26	00:58:07	25	01:19:12	24	00:49:02	41	02:08:15	W Sen1	53
3	M	Helbig, Leana	81	Triabolos Hamburg e.V.	00:21:17	29	01:04:49	57	01:26:06	50	00:46:37	29	02:12:43	W AK 2	102
Sieger Hamburger Meisterschaft															
1	M	Haas, Michael	77	Tri Michels Hamburg	00:17:59	1	00:54:05	2	01:12:04	1	00:39:36	2	01:51:41	M AK 3	41
2	M	schmitz, ralph	67	Kaifu Tri Team	00:18:59	10	00:53:07	1	01:12:06	2	00:42:19	8	01:54:25	M Sen1	87
3	M	Fiedler, Thilo	83	Tri Michels Hamburg	00:18:17	3	00:54:51	6	01:13:08	3	00:41:25	4	01:54:33	M AK 2	191
Siegerinnen Staffelwettbewerb															
1	S	Schlegel, Cornelia		Team TÜV-Nord - HSU	00:26:40	1	01:12:42	1	01:39:22	1	00:57:14	1	02:36:37	Staffel-W	401
Sieger Staffelwettbewerb															
1	S	Schröter, Stefan		SG Wasserratten Norderstedt 1	00:17:54	1	00:53:23	1	01:11:17	1	00:39:40	2	01:50:57	Staffel-M	421
2	S	Hundertmark, Michael		Triathlon Team HSU Uni BW Hambu	00:19:10	2	00:55:08	2	01:14:18	2	00:39:34	1	01:53:52	Staffel-M	426
3	S	Palaz, Norbert		BSG OTTO 2	00:21:08	5	01:03:50	13	01:24:58	7	00:45:48	6	02:10:47	Staffel-M	408